



## DEVELOPMENT STAGES OF PRACTICUM

Stage	Associated Concerns	Response Strategies
1. Anticipation	<ul style="list-style-type: none"> <li>• Anxieties</li> <li>• Feelings of vulnerability and self conscious</li> <li>• “What if...?”</li> </ul>	<ul style="list-style-type: none"> <li>• Realistic, clear, specific goals</li> <li>• Clarify and assess expectations</li> <li>• Make and informed commitment – Learning Plan</li> <li>• Orientation</li> </ul>
2. Disillusionment	<ul style="list-style-type: none"> <li>• Unexpected emotions</li> <li>• Frustration</li> <li>• Anger</li> <li>• Confusion</li> <li>• Panic</li> <li>• Adequacy of skills</li> <li>• Breadth of demands</li> <li>• Relationship with clients</li> <li>• Operation values of organization</li> <li>• Disappointment with Supervisors/co-workers</li> <li>• “This not what I thought it would be.”</li> </ul>	<ul style="list-style-type: none"> <li>• Acknowledge gap between expectations and reality</li> <li>• Normalize feelings and behaviors</li> <li>• Acknowledge and clarify feelings</li> <li>• Encourage student to confront fears</li> <li>• Refer to Learning Plan for guidance</li> <li>• Apply classroom assignments to placement</li> </ul>
3. Competency & Mastery	<ul style="list-style-type: none"> <li>• High accomplishment</li> <li>• Investment in work</li> <li>• Quality supervision</li> <li>• Ethical issues</li> <li>• Worthwhile tasks</li> <li>• Home/Self/Career issues</li> </ul>	<ul style="list-style-type: none"> <li>• Share concerns openly</li> <li>• Develop coping strategies</li> <li>• Use of self</li> <li>• Application of theory to practice</li> </ul>
4. Closer & Termination	<ul style="list-style-type: none"> <li>• “The elephant in the corner”</li> <li>• Termination with clients</li> <li>• Case management</li> <li>• Redefine relationships with               <ul style="list-style-type: none"> <li>• Supervisor</li> <li>• Coworkers</li> <li>• Faculty</li> <li>• Peers</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Identify feelings – Parallel Process</li> <li>• Recognize unfinished business</li> <li>• Meet with Supervisor</li> <li>• Closure process for clients and agency</li> </ul>

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Sweitzer, F.H., King, M.A., (2004) *The Successful Internship: Transformation and Empowerment in Experiential Learning* (2<sup>nd</sup> e.d.). Boston: Thompson Brooks/Cole.