



# Disability Resource Center – Meal Accommodation Student Request Form

University of Wisconsin-River Falls • 123 Rodli Hall • River Falls, Wisconsin 54022  
office 715.425.0740 • secure fax 715.425.0742

Dining on Campus is an integral part of your college experience and in nearly all cases, specific dietary needs can be met by our dining services. Changes to the meal plan requirements are applied equitably and consistently and are based on medical need. If you have a new or ongoing dietary restriction of a medical nature and are interested in modifying your meal plan, this paperwork is a necessary step in the process.

The information completed on this form will be reviewed to determine:

1. That the student is a person with a documented disability.
2. That the requested accommodation is necessary to afford the student an equal opportunity to use the on-campus housing and/or dining facilities; and
3. That there is an identifiable relationship between the disability and the requested accommodation.

This documentation should be completed after you have submitted a meal plan accommodation request through the Disability Resource Center.

Student's name (please print) \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Current Campus Housing \_\_\_\_\_

Request is for What Academic Year \_\_\_\_\_

**TYPE OF REQUEST** - Please check the type of disability related meal accommodation you are requesting.

☐ Reduced Block Plan    ☐ Freddy-To-Go Container    ☐ Consultation with Registered Dietician    ☐ Custom Meals  
☐ Contract Exemption from Campus Meal Plan    ☐ Other

What is the reason for your request? Please provide dietary requirements in as much detail as possible to allow the best assessment of your request. Be sure to include history (initial difficulties caused, other accommodations or services you received for it, how any of those changed over time).

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Please explain **how the issue has the potential to disrupt important aspects of your college education.** (Important aspects means things like: writing lecture notes; reading textbooks; taking tests; completing assignments; making speeches or presentations; attending class; studying; living in a residential hall, etc.)

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What meal plan changes are you requesting? Please explain how this will address the limitations/disruptions described above.

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**Release of Information\*:**

- ☐ I authorize University of Wisconsin – River Falls and its representatives to share information related to my *Request for Dietary Accommodations* with relevant departments and individuals. I recognize that the sharing of this information is necessary for departments to work collaboratively for my benefit.
- ☐ I authorize University of Wisconsin – River Falls and its representatives to contact my healthcare provider for additional information, related to this request.
- ☐ I recognize that submission of the *Request for Dietary Accommodation* and accompanying documents does not guarantee a specific request will be granted.
- ☐ I have read this document thoroughly and agree to the process described.

\*This release is effective for 1 year from the date of signature.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date



**To Be Completed by the Healthcare Provider**

**Instructions for Students:**

Please complete the *Consent for Release of Information* below and deliver this form to the healthcare provider who is **primarily responsible for treating you for this condition**.

**Consent for Release of Information (to be completed by student):**

I authorize \_\_\_\_\_ (healthcare provider's name) to disclose the information requested on this form to University of Wisconsin – River Falls and its representatives for the purpose of evaluating my request for a meal plan accommodation. I authorize both parties to discuss information, as needed, related to my request.

\*This release is effective for 1 year from the date signed.

Student Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Student Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Instructions for Healthcare Provider Completing this Form:**

The student named above has requested a dietary accommodation at University of Wisconsin – River Falls (UWRF). All students living on campus are required to have a meal plan, unless otherwise granted permission by the University. UWRF may provide meal plan modifications to students with documented medical need. Dietary accommodations vary according to the individual needs of each student and will be determined on a case-by-case basis. In order to effectively evaluate the student's request, the University requests documentation from an appropriately qualified healthcare provider (DO, MD, NP, PA) who is licensed and **primarily responsible for treating the student for this condition**. The person completing this form cannot be related to the student.

Please answer each question on the form thoroughly, as this information will be used in determining how to address the student's request most appropriately for dietary accommodations. The provision of accommodation is based upon assessment of the **current** impact of the condition(s) on academic performance and access to educational activities.

**Student's Name** \_\_\_\_\_

How long have you known the student? \_\_\_\_\_

Date of your last evaluation \_\_\_\_\_

What methods were used to evaluate the student? \_\_\_\_\_

**Medical History**

Primary Diagnosis and ICD-10: \_\_\_\_\_

Secondary Diagnosis and ICD-10: \_\_\_\_\_

(If applicable, attach a copy of test results, i.e. allergy testing, lab work, pathology)

When was this condition diagnosed? \_\_\_\_\_

How long has the student been under your care? \_\_\_\_\_

Date of your most recent evaluation related to this condition. \_\_\_\_\_

Does the student take prescription medication for this condition?

YES \_\_\_\_\_

NO \_\_\_\_\_

If yes, please specify medications, doses, and frequency:

Does the student utilize other treatments or interventions for this condition?      YES\_\_\_\_\_      NO\_\_\_\_\_

If yes, please describe:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**The prognosis for the medical condition or disability above is:**

Permanent \_\_\_\_\_      6-12 months \_\_\_\_\_      6 months or less \_\_\_\_\_      Episodic (please describe below) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Additional Information**

Is the impact of the disability life-threatening if the request is not met? YES\_\_\_\_\_      NO \_\_\_\_\_

Please explain:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What major life activities are substantially limited by this disability (functional limitations)? Please describe:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

How would this dietary accommodation impact the student's function?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What would be the impact if this dietary accommodation cannot be met?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Diet Prescription:**

- 1. Please provide a list of food items that must be omitted from the student’s diet and a list of safe and appropriate substitutions.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. Length of time dietary accommodations will be required.

Ongoing \_\_\_\_\_ Temporary Start Date: \_\_\_\_\_ Temporary End Date: \_\_\_\_\_

**Please Initial One of the Following:**

\_\_\_\_\_ I believe this request for dietary accommodations is medically necessary. I believe that without it one or more major life activities would be substantially limited.

\_\_\_\_\_ I believe this request for dietary accommodations is a reasonable **preference** but not medically necessary. While it may be beneficial, it will not substantially limit major life activities if it is not granted.

\_\_\_\_\_ There is insufficient evidence to support the need for this dietary accommodation at this time.

**Additional Comments:**

Healthcare Provider Name: \_\_\_\_\_

Please Print

Signature: \_\_\_\_\_

Type of License: \_\_\_\_\_

License # / State: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Date: \_\_\_\_\_

