

<b>Week 1</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Breakfast</b>	Pancakes Canned Peaches	Chex Cereal $\frac{1}{2}$ Banana	English Muffins w/ Egg and Cheese Fresh Pear Slices	Whole Wheat Toast w/ PB (Jelly) Applesauce	Oatmeal w/Raisins & Brown Sugar (oatmeal bites for infants) Fresh Apple Slices
<b>Morning Snack</b>	String Cheese & Apples	Fresh Pea Pods & Veggie Wheat Thins	Cottage Cheese & Canned Pineapple	Goldfish Crackers & Salami	Blueberry Yogurt & Granola
<b>Lunch</b>	Chicken Alfredo W/Tortellini Steamed Broccoli Fresh Pineapple	Sloppy Joes on Whole Wheat Bun Baked Beans Watermelon	Swedish Meatballs & Egg Noodles California Mixed Veggies Honeydew	BBQ Pulled Pork Sandwich on WW Bun Tator Tots Canned Apples	Mini Corn Dogs Steamed Carrots Canned Mandarin Oranges
<b>Afternoon Snack</b>	Trail Mix (sunflower seeds, raisins, pretzels, chex cereal)	Yogurt Tubes & Fig Bars	Fresh Fruit & Whipped Cream	Pita Bread & Hummus	Graham Crackers w/ Cinnamon Sugar Cream Cheese

**\*Milk provided at breakfast and lunch**

<b>Week 2</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Breakfast</b>	Waffles  Fresh Mango	Blueberry Bread  Frozen Berries	Sunshine Tacos (egg patty, cheese, salsa, tortilla)  Frozen Cherries	Avocado Spread on Whole Wheat Toast  Canned Apples	Biscuits & Gravy  ½ Banana
<b>Morning Snack</b>	Applesauce & Cheddar Cheese	Celery & Cinnamon Cream Cheese & Raisins (graham crackers for infants)	Fig Newtons & Pears	Pepperoni & Ritz Crackers	Apple Slices w/ Yogurt
<b>Lunch</b>	Meatballs w/Spaghetti  Green Beans  Garlic Bread  Honeydew	Beef Tacos Lettuce, Cheese, Sour Cream, Salsa Tortilla Chips  Steamed Corn  ½ Banana	Salisbury Steak w/ Gravy  Mashed Potatoes  Dinner Roll  Fresh Cantaloupe	Chicken Nuggets  1 Slice WW Toast French Fries  Diced Pears	Mac & Cheese w/Diced Ham  Steamed Peas  Watermelon
<b>Afternoon Snack</b>	Animal Crackers & Milk	Mini Rice Cakes & Cottage Cheese	Chips & Salsa	Popcorn & String Cheese (Puffs for Babies)	Ranch Chex & Turkey

**\*Milk provided at breakfast and lunch**

<b>Week 3</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Breakfast</b>	French Toast Canned Peaches	Bagels and Cream Cheese Frozen Cherries	Breakfast Corndog (Sausage wrapped in pancake) Fresh Sliced Pears	Cheerios ½ Banana	Oatmeal Bites (oatmeal, apple sauce, milk, cinnamon, vanilla, raisins or chocolate chips) Apple Slices
<b>Morning Snack</b>	Sliced Cheese & Wheat Crackers	Cucumber Slices, Saltine & Ranch	Vanilla Pudding & Vanilla Wafers	Cheese Sandwich Crackers	Cottage Cheese & Sliced Bell Peppers
<b>Lunch</b>	Hot Dog WW Bun Green Beans Fresh Honeydew	Chicken Alfredo Steamed Broccoli Cantaloupe	Sausage/Pepperoni Pizza Steamed Corn Canned Pineapple Tids	Turkey w/American Cheese on Wheat Bread California Mixed Veggies Canned Mandarin Oranges	Fish Sticks Whole Wheat Roll French Fries ½ Banana
<b>Afternoon Snack</b>	Trail Mix (sunflower seeds, raisins, pretzels, chex cereal)	Pretzels w/ Sliced Ham	Yogurt Tubes & Animal Crackers	String Cheese & Mandarin Oranges	Cinnamon Sugar Cheerios & Milk

**\*Milk provided at breakfast and lunch**

<b>Week 4</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Breakfast</b>	Vanilla Yogurt Frozen Berries Granola	Whole Wheat Toast w/Cinnamon Sugar Canned Apples	English Muffins w/Ham and Cheese Frozen Cherries	Banana Bread Fresh Apple Slices	Baked Eggs w/ shredded cheese Whole Wheat Toast w/Butter Applesauce
<b>Morning Snack</b>	Chips & Guacamole	Carrots & Whole Wheat Crackers	Pepperoni & Cheddar Cheese Slices	Vanilla Yogurt & Frozen Mango	½ Banana w/ Milk
<b>Lunch</b>	Scrambled Eggs Pancakes Hashbrowns Sausage Patties Watermelon	Chicken Quesadillas Salsa, Sour Cream Green Beans Fresh Pineapple	Cheeseburger on a whole wheat bun w/Pickles Sweet Potato Fries ½ Banana	Chicken Nuggets Breadstick Steamed Carrots Sliced Pears	Meatballs W/ Marinara WW Hot Dog Bun Steamed Green Beans Honeydew
<b>Afternoon Snack</b>	Animal Crackers & Vanilla Pudding	Mini Rice Cakes & Milk	Fresh Vegetables & Cream Cheese Dip	Graham Cracker w/ Strawberry Cream Cheese	Popcorn & Cheddar Cheese Slice (Puffs for Babies)

**\*Milk provided at breakfast and lunch**