

CETL Guide: Trauma-Informed Pedagogy



Journal Articles

Available via Chalmer Davee Library

(Add the [LibKey Nomad](#) extension to access articles)

Anderson, K. N., Swedo, E. A., Trinh, E., Ray, C. M., Krause, K. H., Verlenden, J. V.,...Niolon, P. H. (2022) Adverse Childhood Experiences During the COVID-19 Pandemic and Associations with Poor Mental Health and Suicidal Behaviors Among High School Students — Adolescent Behaviors and Experiences Survey, United States, January–June 2021. *MMWR Morb Mortal Wkly Rep*, 71(41),1301–1305. DOI: <http://dx.doi.org/10.15585/mmwr.mm7141a2>

Blodgett, C. (2012). *How adverse childhood experiences and trauma impact school engagement*. Presentation delivered at Becca Conference, Spokane, Washington.

Cramer, N. V. (2018). Using trauma-informed pedagogy to make literacy and learning relevant and engaging for students of poverty. *Texas Association for Literacy Education Yearbook*, Volume 5: Connections in the Community: Fostering Partnerships through Literacy, Chapter 9, 77-83.

Crosby, S.D., Howell, P. & Thomas, S. (2018). Social justice education through trauma-informed teaching. *Middle School Journal*, 49(4), 15-23.

Felitti, V. J., Anda, R. F., Nordenberg, D., Williamson, D. F., Spitz, A. M., Edwards, V., . . . Marks, J. S. (1998). Relationship of childhood abuse and household dysfunction to many of the leading causes of death in adults: The adverse childhood experiences (ACE) study. *American Journal of Preventive Medicine*, 14, 245–258.

Kerns, K. & Ardley, J. (2020). Using trauma-informed care to breathe new life into classrooms. *KDP The Teacher Advocate*, 4-5.

Minahan, J. (2019). Trauma-informed teaching strategies. *Educational Leadership*, 30-35.



Books

Available via Chalmer Davee & InterLibrary Loan

Anderson, L. & Bowen, J. (2020). *The supportive classroom: Trauma-sensitive strategies for fostering resilience and creating a safe, compassionate environment for all students*. Ulysses Press.

Bashant, J. (2020) *Building a trauma-informed compassionate classroom: Strategies to reduce challenging behavior, improve learning outcomes and increase student engagement*. PESI Publishing.

Bernadowski, C. (2021). *Strategies and methods for implementing trauma-informed pedagogy*. IGI Global.

Brunzell, T. & Norrish, J. (2021). *Creating trauma-informed, strengths-based classrooms: Teacher strategies for nurturing students' health, growth, and learning*. Jessica Kingsley Publishers.

Eller, J.F. & Hierck, T. (2021). *Trauma-sensitive instruction: Creating a safe and predictable classroom environment (strategies to support trauma-impacted students and create a positive classroom environment)*. Solution Tree.

Romero, V.E., Robertson, R., & Warner, A. (2018). *Building resilience in students impacted by adverse childhood experiences: A whole-staff approach*. Corwin.

Ransaw, T.S. & Majors, R. (Eds.). (2021). *Teaching to close the achievement gap for students of color: Understanding the impact of factors outside the classroom*. Routledge.

Thompson, P. & Carello, J. (Eds.) (2022). *Our brains, emotions, and learning: Eight principles of trauma-informed teaching*. (1st ed.). Palgrave MacMillan.

Souers, K. & Hall, P. (2016). *Fostering resilient learners: Strategies for creating a trauma-sensitive classroom*. ASCD.

Souers, K. & Hall, P. (2019). *Relationship, responsibility, and regulation: Trauma-invested practices for fostering resilient learners*. ASCD.

Venet, A. S. (2021). *Equity-centered trauma-informed education*. W. W. Norton & Company.

Journal Articles

National Association of School Psychologists. (2015). Creating trauma-sensitive schools: Supportive policies and practices for learning [Research summary]. Bethesda, MD: Author.

Nelsen, K., Peterson, K., McMillin, L., & Clarke, K. (2022). Imperfect and flexible: Using trauma-informed practice to guide instruction. *portal: Libraries and the Academy*, 22(1), 177-197.

Pawlo, E., Lorenzo, A., Eichert, B., & Elias, M.J. (2019). All SEL should be trauma-informed. *Phi Delta Kappan*, 101(3), 37-41.

Reddig, N. & VanLone, J. (2022). Pre-Service teacher preparation in trauma-informed pedagogy: A review of state competencies. *Leadership and Policy in Schools*. DOI: 10.1080/15700763.2022.2066547

Thomas, M.S., Crosby, S., & Vanderhaar, J. (2019). Trauma-informed practices in schools across two decades: An interdisciplinary review of research. *Review of Research in Education*, 43, 422-452.

Weist, M. D. (2022). A randomized controlled trial on the interconnected systems framework for school mental health and PBID: Focus on proximal variables and school discipline. *Journal of School Psychology*, 94, 49-65.

Research Reports

Centers for Disease Control and Prevention. (2023). [Fast Facts: Preventing Adverse Childhood Experiences](#). U.S. Department of Health and Human Services.

Centers for Disease Control and Prevention. (2023). [YRBS data summary and trends](#). Division of Adolescent and School Health, National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention.

Substance Abuse and Mental Health Services Administration. (2014). [SAMHSA's concept of trauma and guidance for a trauma informed approach](#). U.S. Department of Health and Human Services.

Websites

The following websites provide information on systems and frameworks that cover the broader view of social-emotional-behavioral-academic learning and their connection to or collaboration with trauma-informed practices and resources.

[PBIS](#) (Positive Behavioral Interventions & Supports)

[PBIS and Trauma-Informed Practices](#) (scroll down to access the PDF)

[PBIS and Mental Health/Social-Emotional-Behavioral Well-Being](#) (scroll for various articles)

[Interconnected Systems Framework](#) (ISF) (bringing PBIS and School-Based Mental Health Supports together for one single system)

[CASEL](#) (Collaborative for Academic, Social, and Emotional Learning)

[The CASEL Guide to Schoolwide SEL Essentials](#) (click upper right to access the PDF)

[CASEL and Trauma-Informed Resources](#)

WI DPI Resources (K-12)

[Trauma Sensitive Schools Initiative](#)

[Trauma Sensitive Schools Online Professional Development](#) (free course)

[Trauma E-Resources](#) (articles, modules, readings)

[Trauma Sensitive Schools Resources](#)

[Trauma Sensitive Schools & PBIS](#)

[Trauma Training and Technical Assistance](#) (awareness training information and CESA contacts)

[Trauma Sensitive Schools Evaluation](#) (fidelity tools and checklists)



Journal Articles

The Journal of Applied Instructional Design ([JAID Special Issue](#))

LaDuca, B. (2023). Trauma-informed learning community (TLC) for educational professionals. *The Journal of Applied Instructional Design*.

[DOI:10.51869/121/b](#)

Lawless Frank, C. & Bogard, T. (2023). Building preservice teacher resiliency with trauma-informed case based instruction. *The Journal of Applied Instructional Design*. *The Journal of Applied Instructional Design*. [DOI:10.51869/121/khmg](#)

Herman, K. & Gill, M. (2023). Building belongin into the system: A design case. *The Journal of Applied Instructional Design*. [DOI:10.51869/121/khmg](#)

Plum, S., Plum, A., & Conceição, S. C. O. (2023) A district-wide implementation of social emotional learning during a pandemic. *The Journal of Applied Instructional Design*. [DOI:10.51869/121/spapsc](#)

Thomas, M. S., Howell, P. B., Crosby, S., & Scott, K. L. (2023). Transforming learning communities through a transdisciplinary, trauma-informed approach to classrooms as communities.

[DOI:10.51869/121/mstpbhscks](#)

Turcotte, N., McElfresh, K., & Rodriguez-Meehan, M. (2023). “It’s about the journey, not the destination”: Graduate students’ perceptions of ungrading. *The Journal of Applied Instructional Design*.

[DOI:10.51869/121/ntkmrm](#)



Articles

Educause

[TI-ADDIE: A Trauma-Informed Model of Instructional Design](#) by Ali Carr-Chellman and Treavor Bogard

Higher Education

[Keeping Up with...Trauma-Informed Pedagogy](#) by Desirae Zingarelli-Sweet (overview from Association of College & Research Libraries (ACRL), a division of the American Library Association)

K-12 Education

[Trauma-Informed Teaching Strategies](#) by Jessica Minahan (ASCD)

[An Inside Look at Trauma-Informed Practices](#) by Tom Berger (Edutopia)

[How to Safely Manage a Student in Crisis](#) by Matthew J. Bowerman (Edutopia)

[A Trauma-Informed Approach to Teaching Young Students](#) by Megan Tavares (Edutopia)

[Understanding Trauma-Informed Education \(& Misconceptions\)](#) by Mathew Portell (Edutopia)