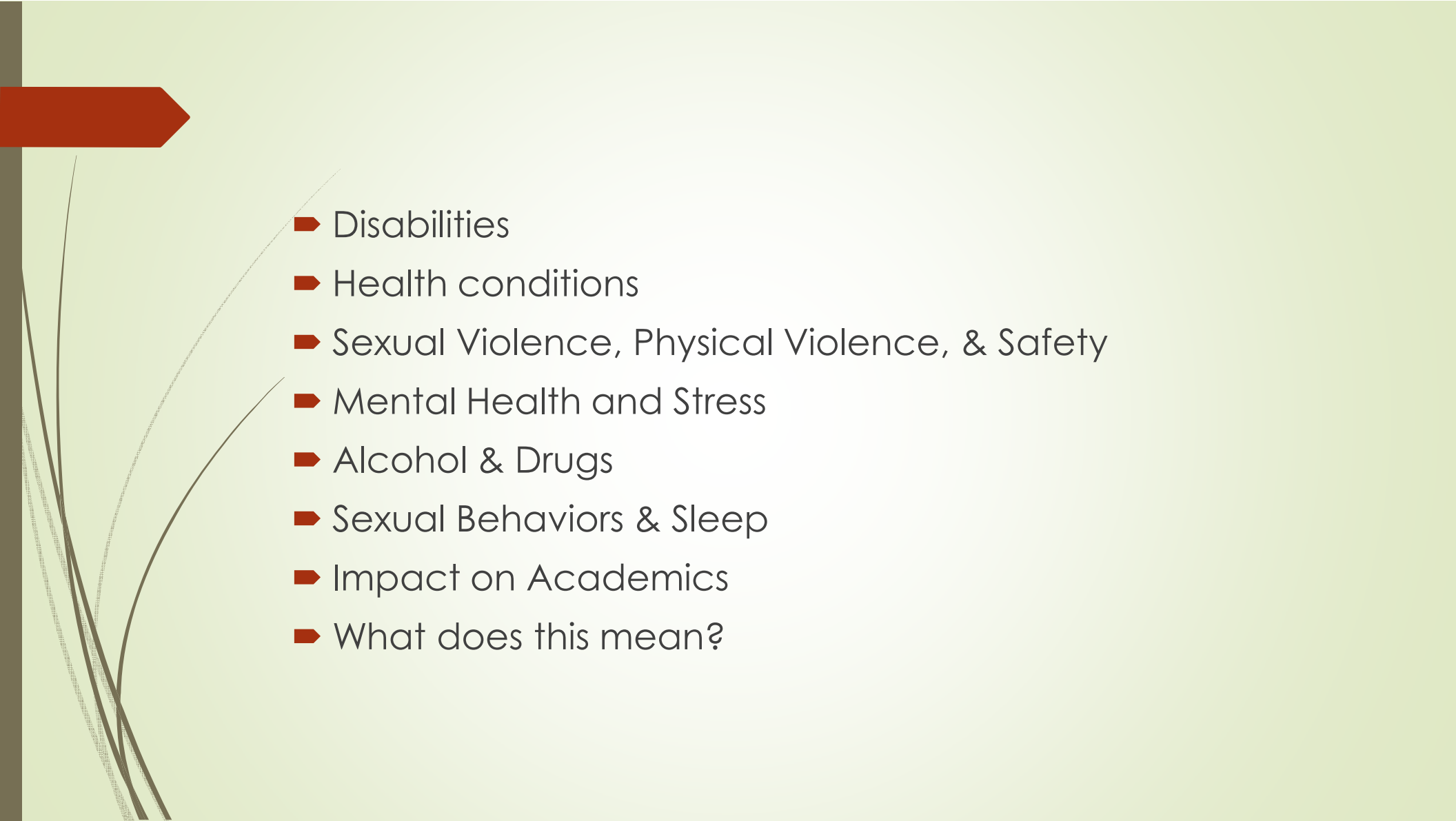




UW-River Falls *National College Health
Assessment* (NCHA, Spring 2015)
Underrepresented Groups Report

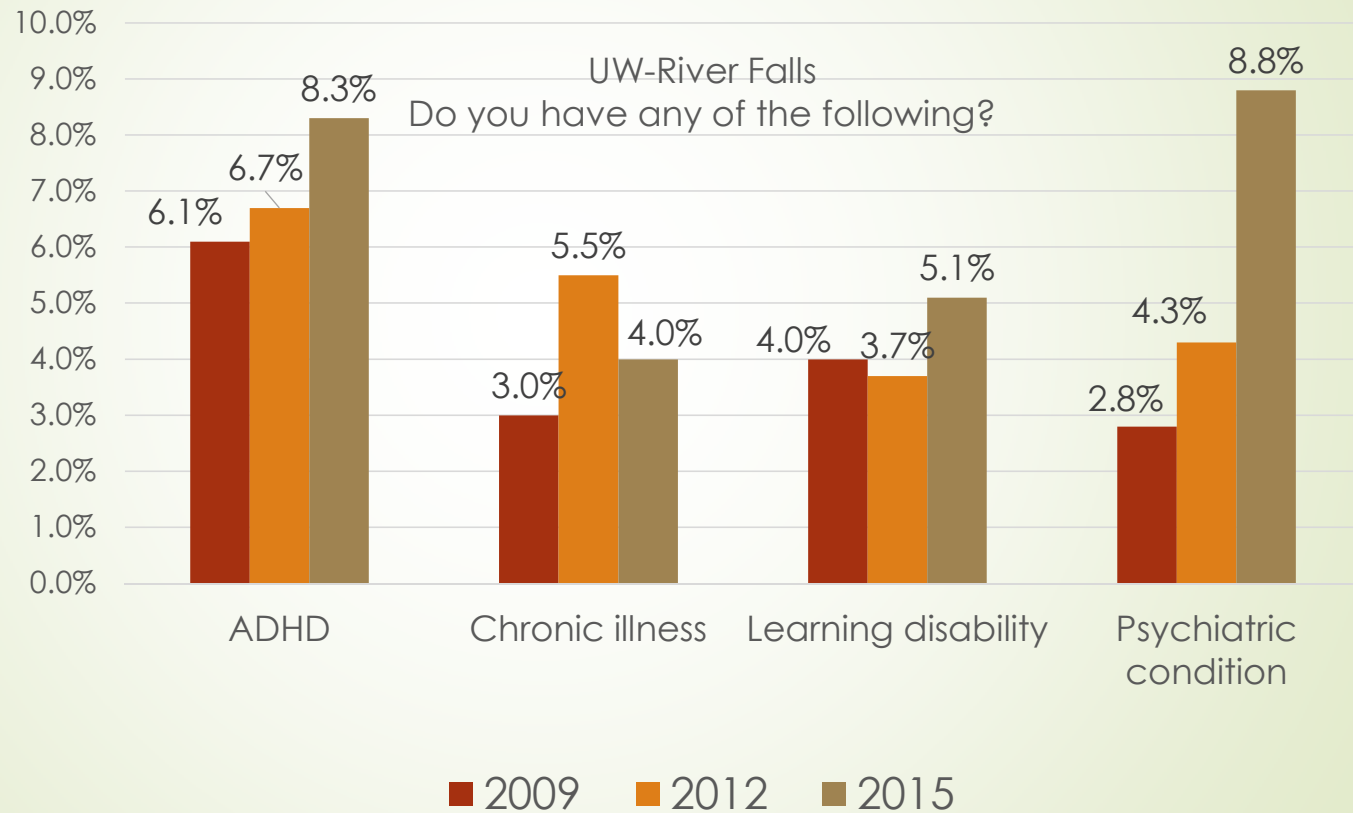
- 
- Disabilities
 - Health conditions
 - Sexual Violence, Physical Violence, & Safety
 - Mental Health and Stress
 - Alcohol & Drugs
 - Sexual Behaviors & Sleep
 - Impact on Academics
 - What does this mean?



Underrepresented Groups

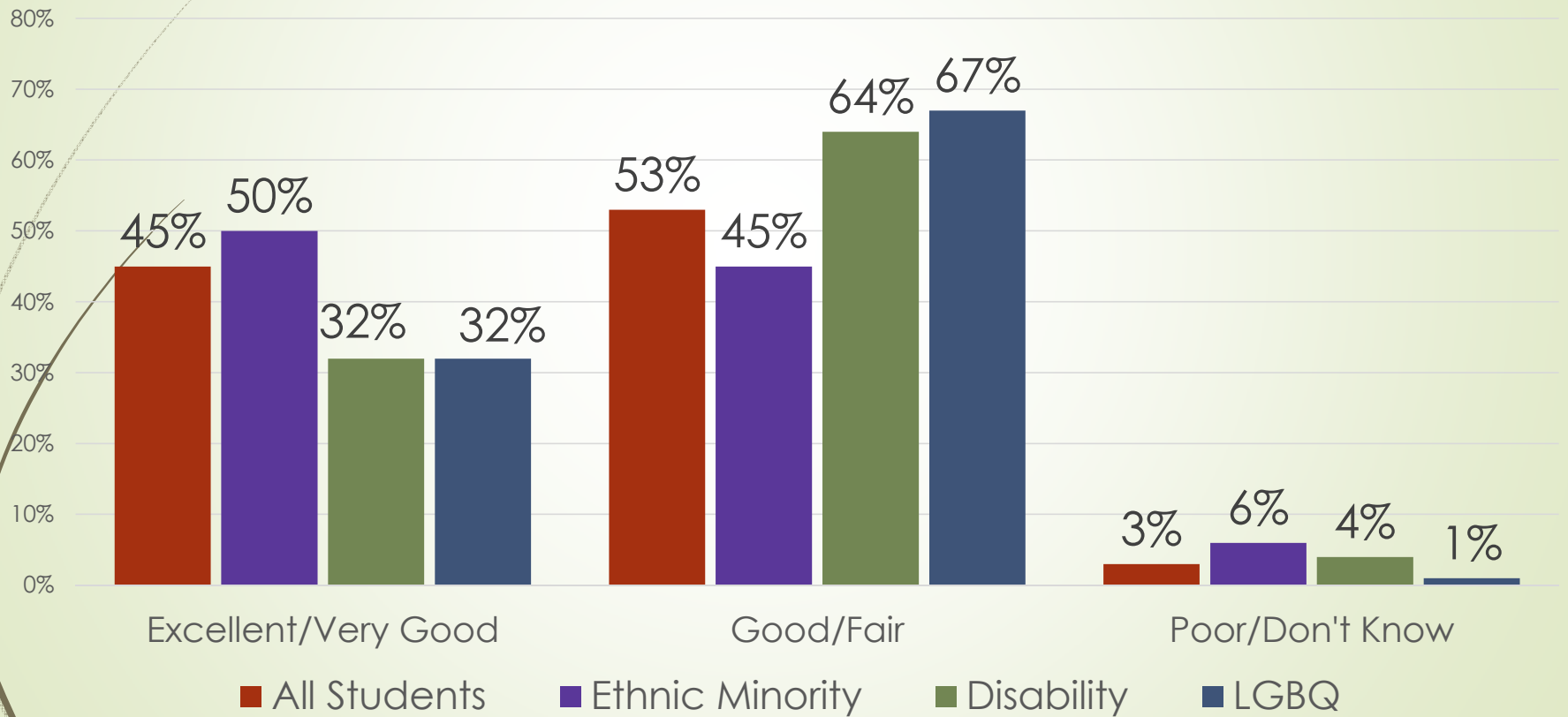
- ▶ Disability-Students reporting any disability (*ADHD, chronic illness, deafness/hearing loss, learning disability, mobility/dexterity disability, partial sightedness/blindness, psychiatric condition, speech/language disorder, other*)
- ▶ Ethnic Minority-Individuals that described themselves as *Black or African American, Hispanic or Latino, Asian or Pacific Islander, American Indian/Alaskan Native/ Native Hawaiian, Biracial or Multiracial, or other*
- ▶ LGBTQ-Students who identified themselves as *gay/lesbian, bisexual, or unsure.*
- ▶ Transgender-Part of gender demographic question, *numbers too small to break out.*

Disabilities - UWRF VS National Reference Group (NCHA-Spring 2015)



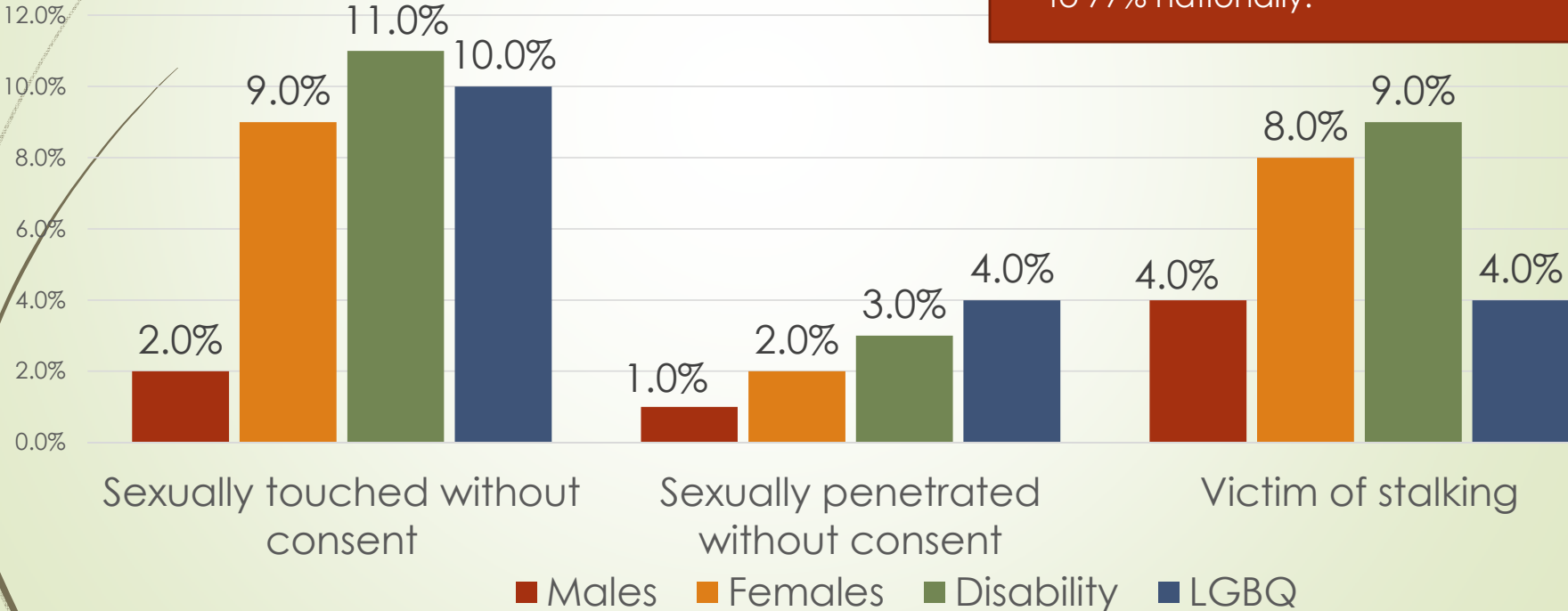
Overall Health – UWRF (NCHA-Spring 2015)

How would you describe your general health?



Sexual Violence – UWRF (NCHA-Spring 2015)

Within the last 12 months, were you:

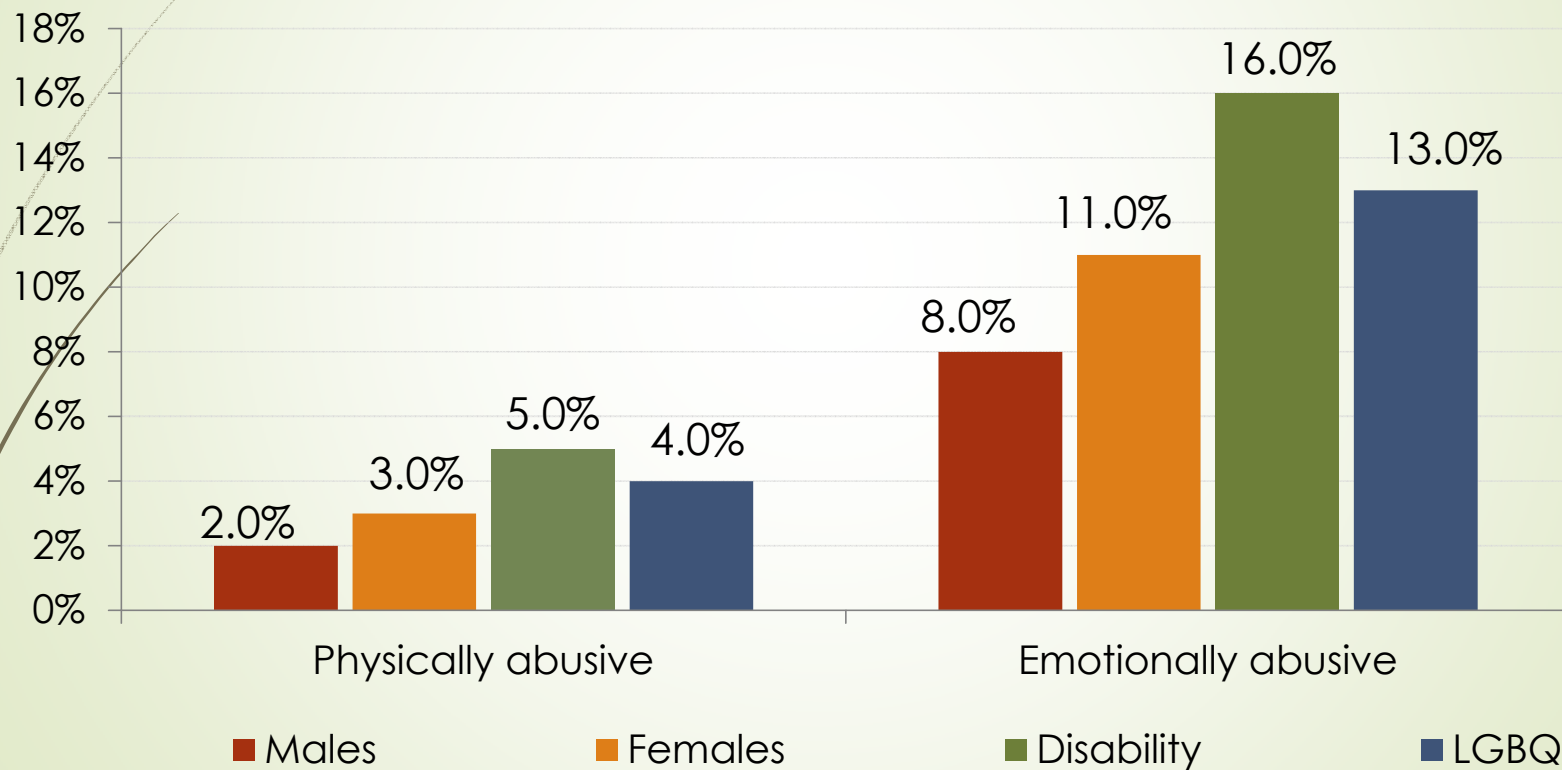


Sexual Violence Prevention:

- VAWA mandates that all new students receive prevention education.
- 68.2% of UWRF students report receiving information compared to 77% nationally.

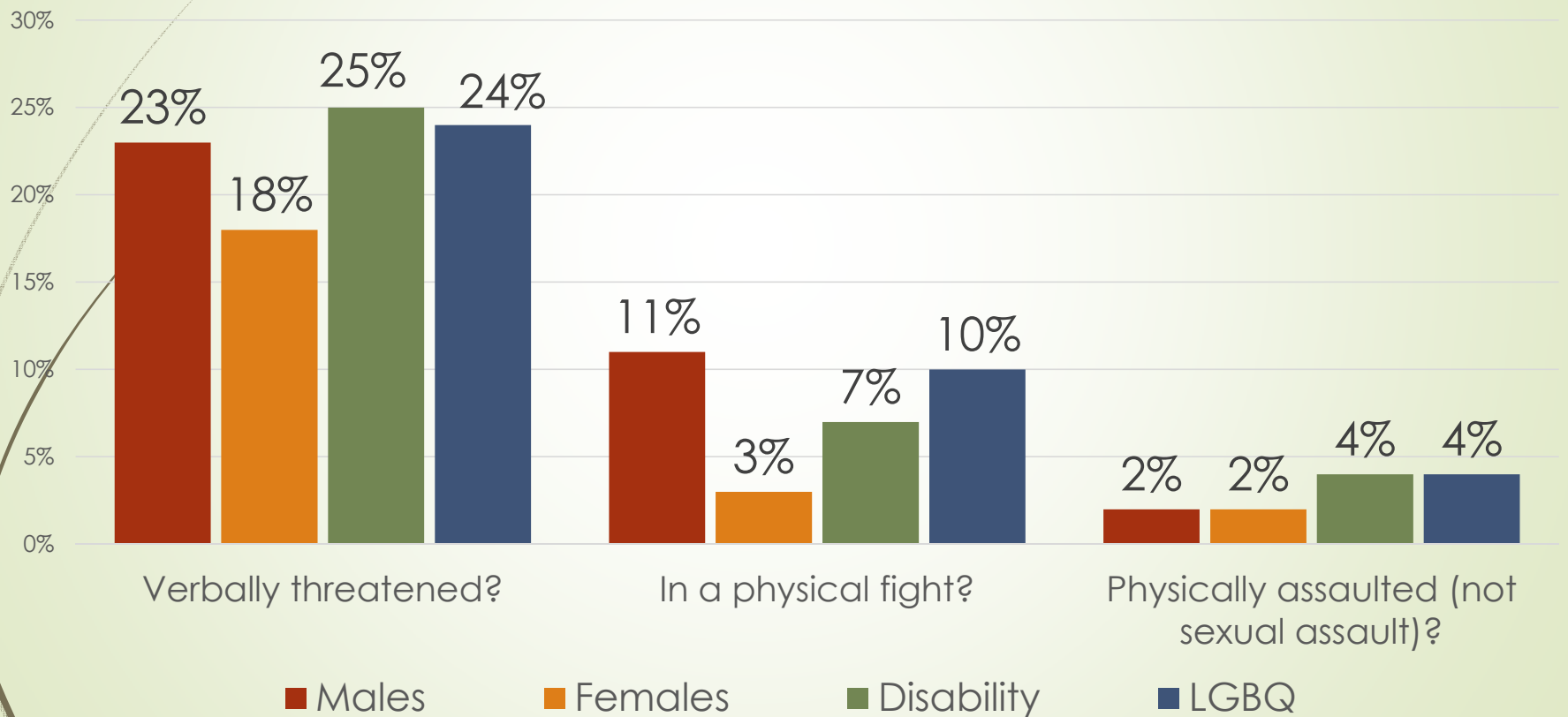
Relationship Violence – UWRF (NCHA-Spring 2015)

Within the last 12 months, have you been in an intimate relationship that was:



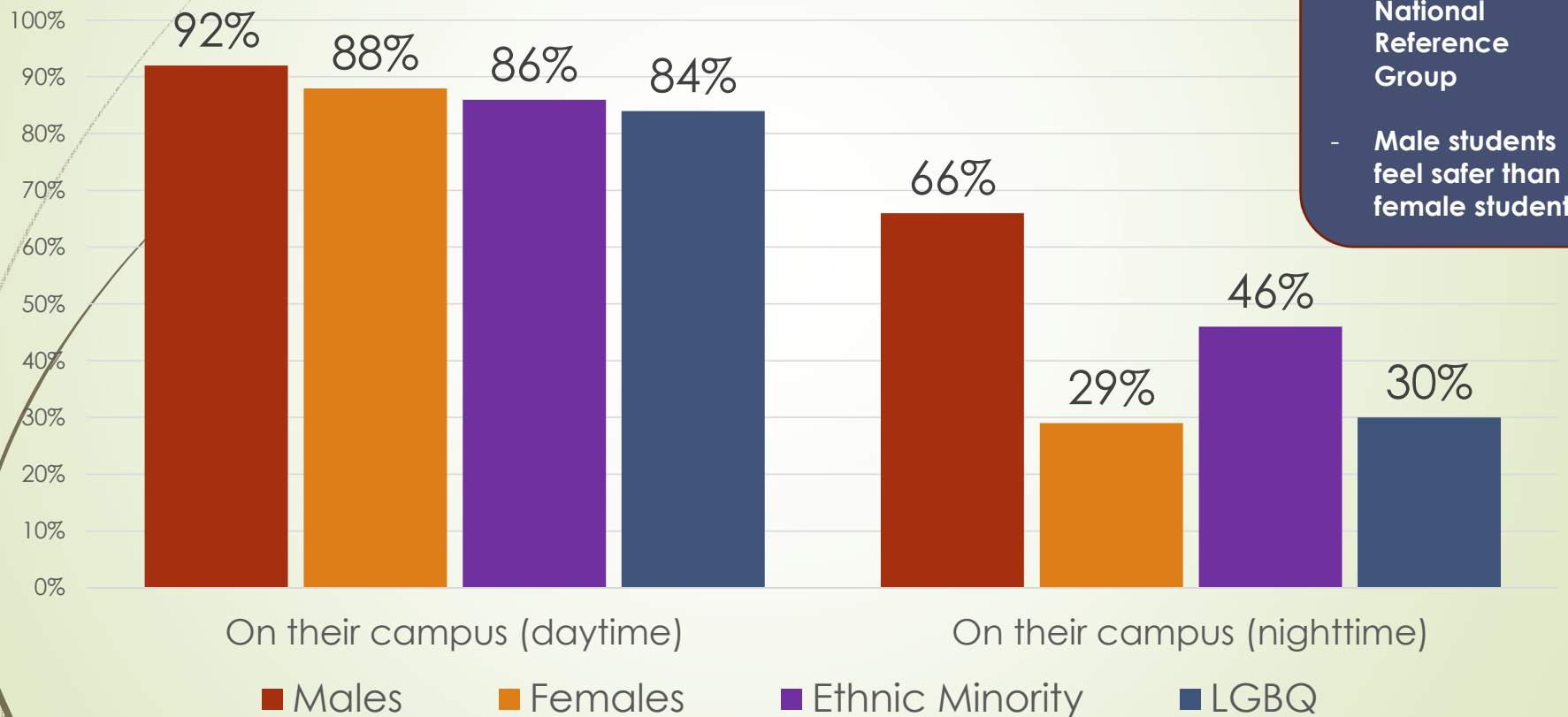
Violence – UWRF (NCHA-Spring 2015)

Within the last 12 months, were you:



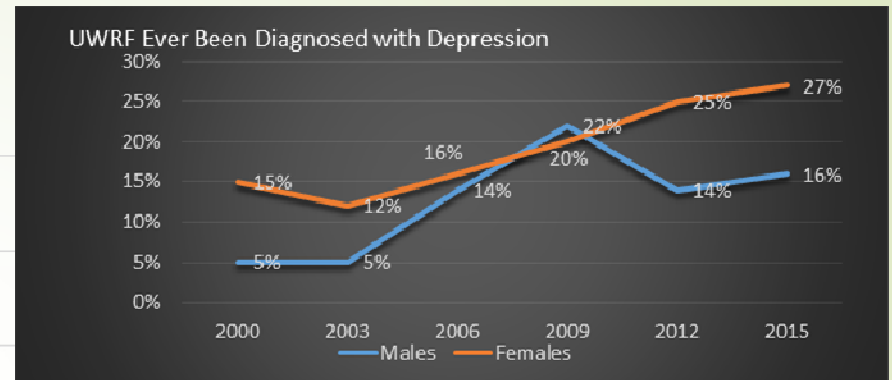
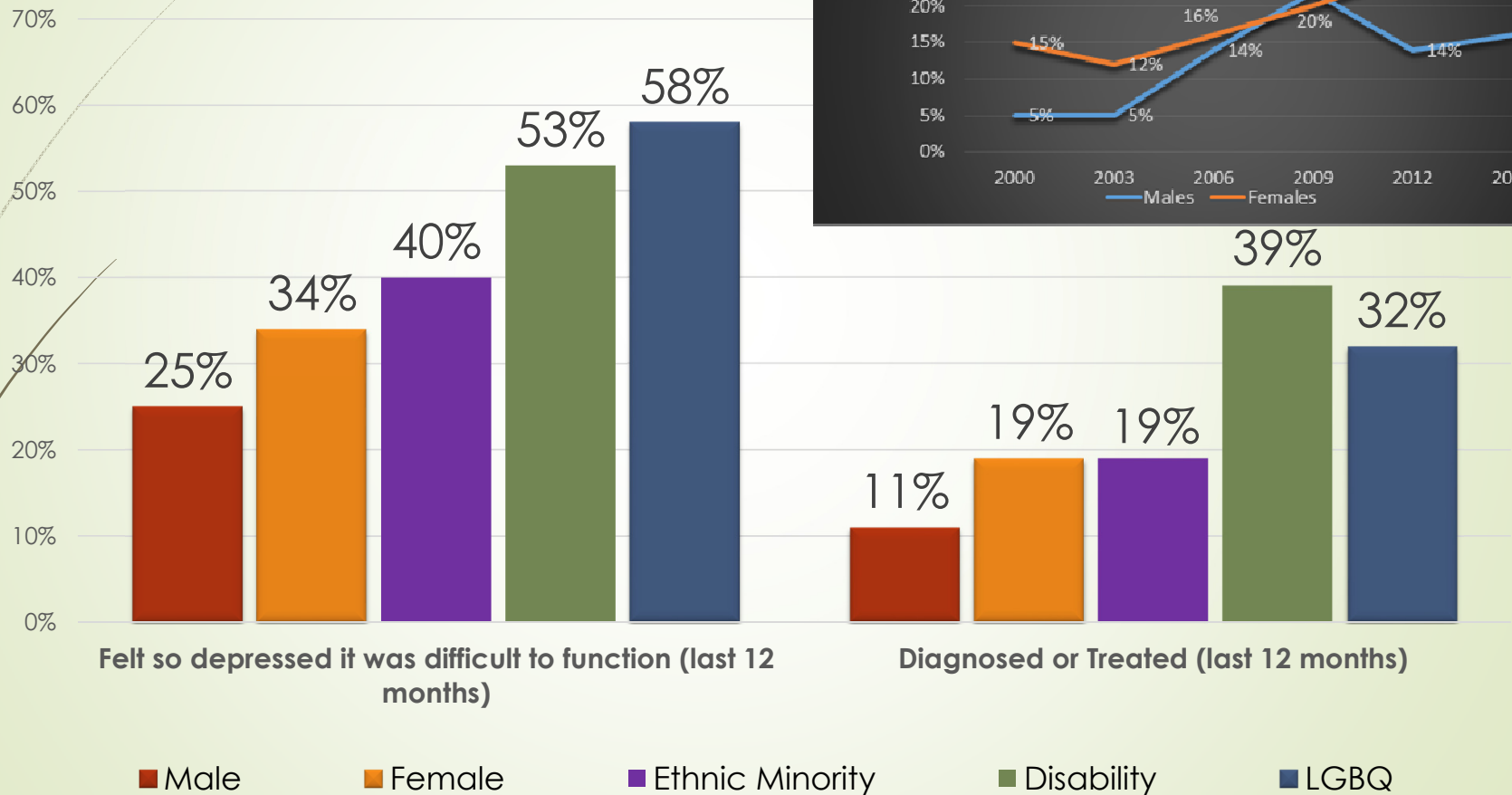
Safety – UWRF (NCHA-Spring 2015)

College students reported they fell **very safe**:

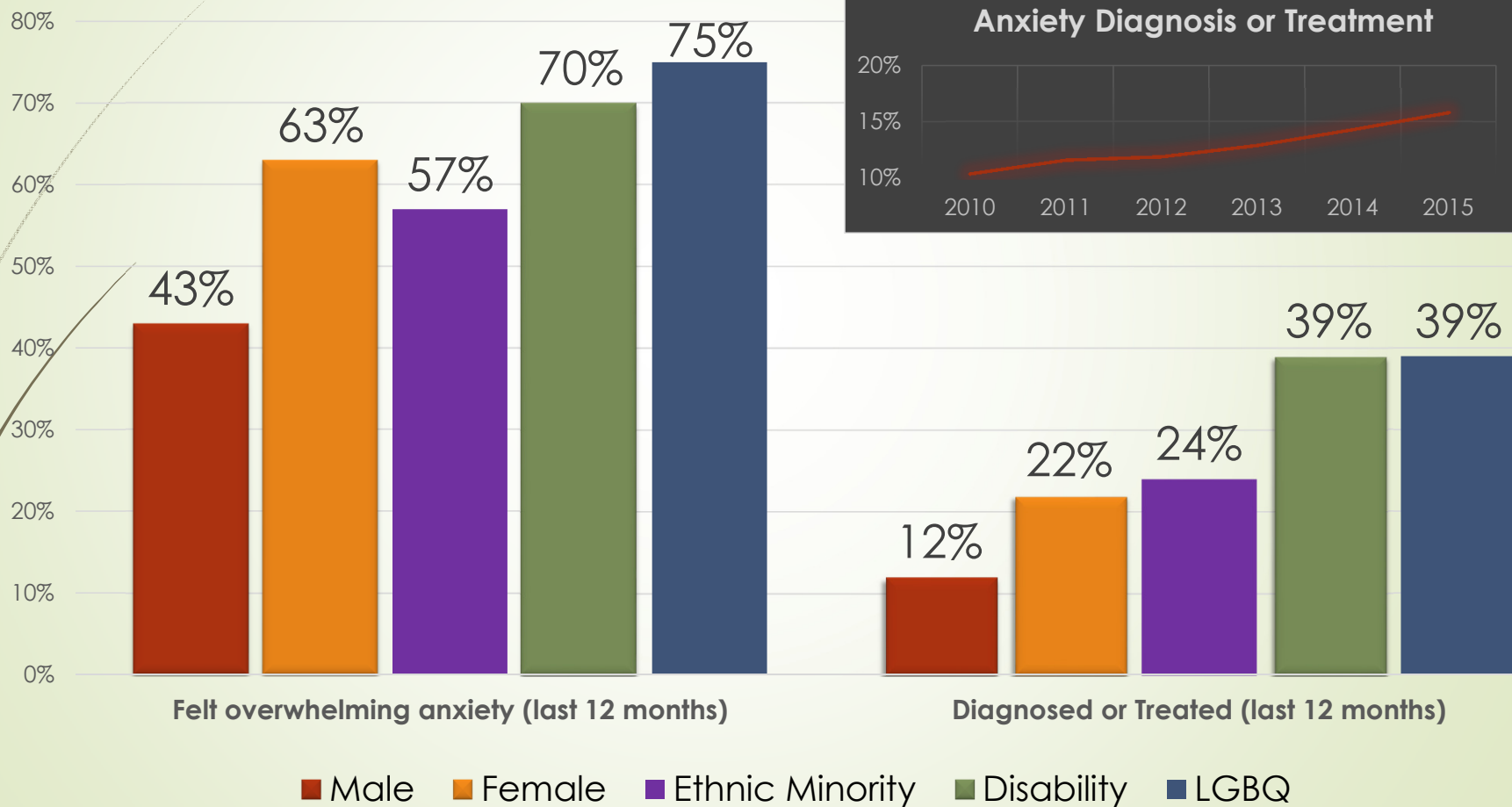


- In general, UWRF students feel safer on our campus than students in National Reference Group
- Male students feel safer than female students

Depression - UWRF vs. National Reference Group (NCHA-Spring 2015)



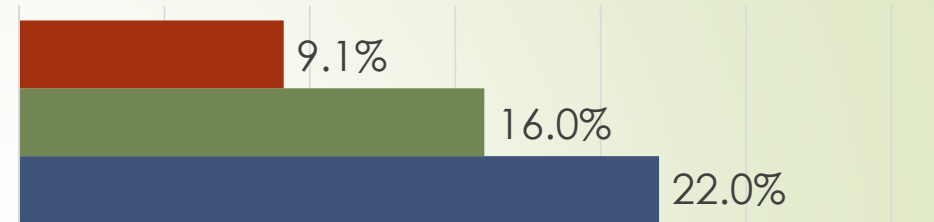
Anxiety - UWRF vs. National Reference Group (NCHA-Spring 2015)



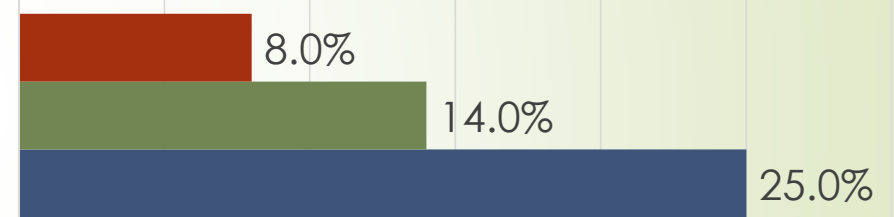
Suicide and Self Harm – UWRF (NCHA-Spring 2015)

In the last 12 months have you:

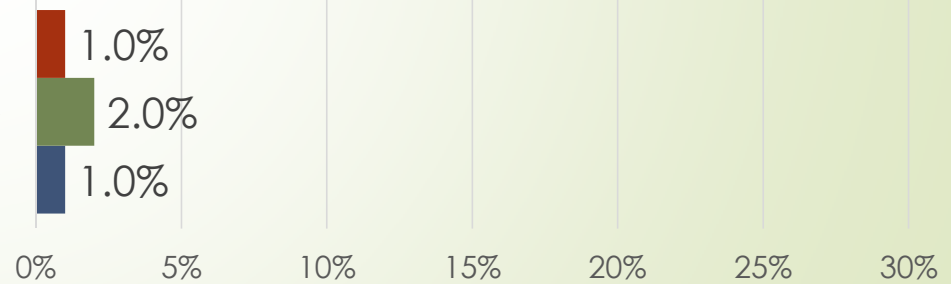
Seriously considered suicide



Self-Injured



Attempted suicide



■ All Students ■ Disability ■ LGBTQ

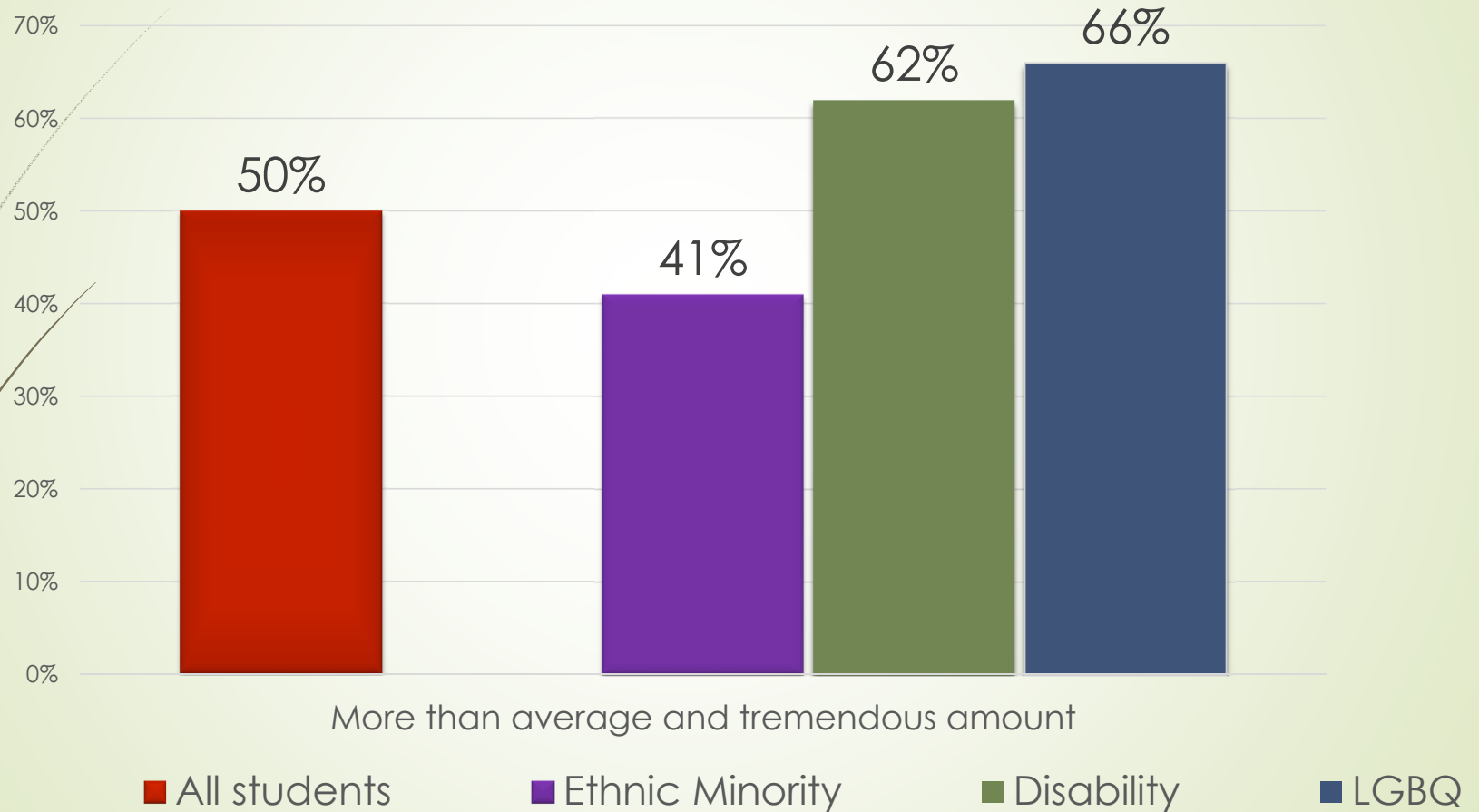
Over 9% of students per year seriously consider suicide.

1% make an attempt.

≈60 UWRF students make an attempt per year!

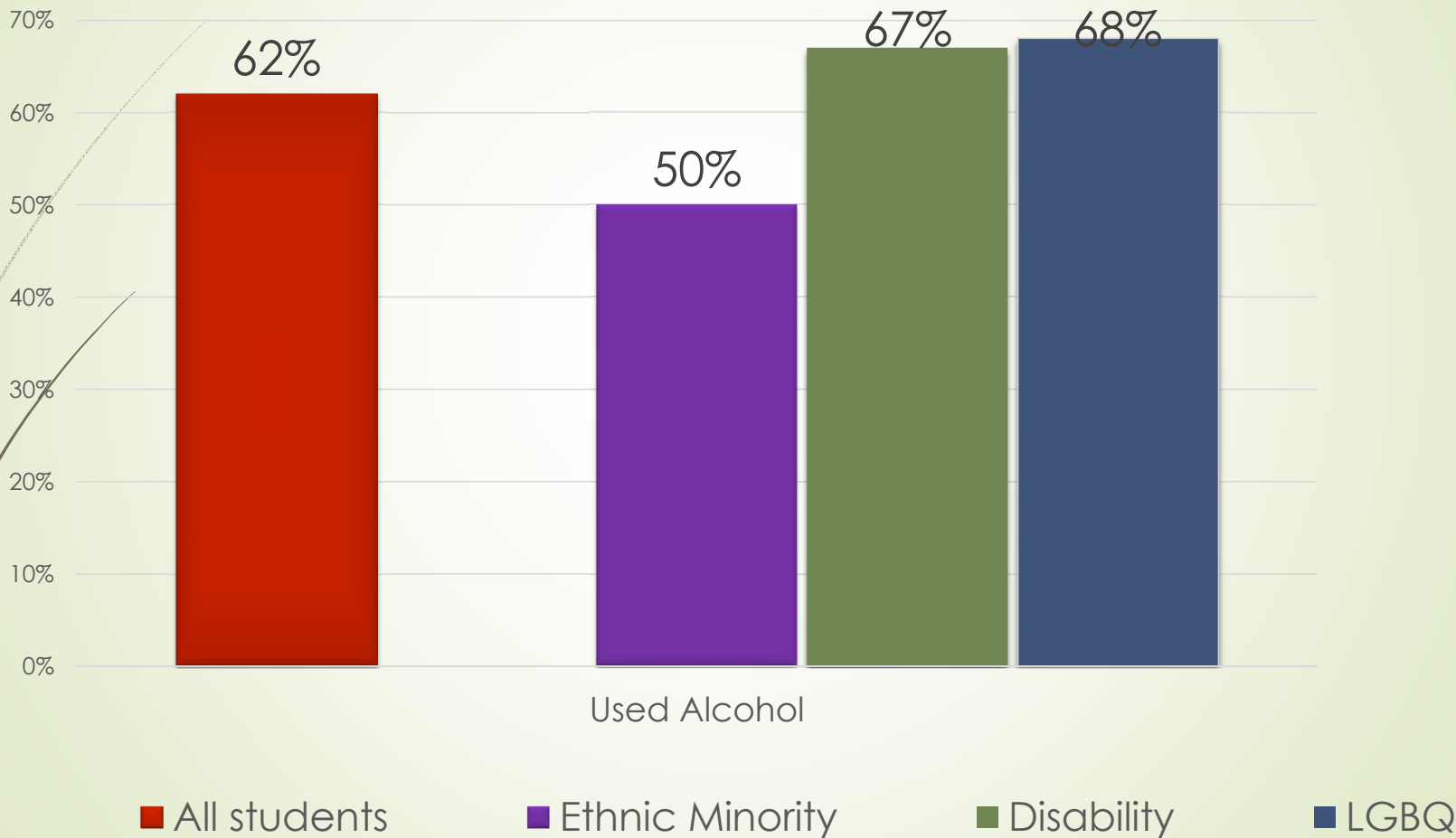
Stress – UWRF (NCHA-Spring 2015)

How would you rate your overall stress over the last 12 months:



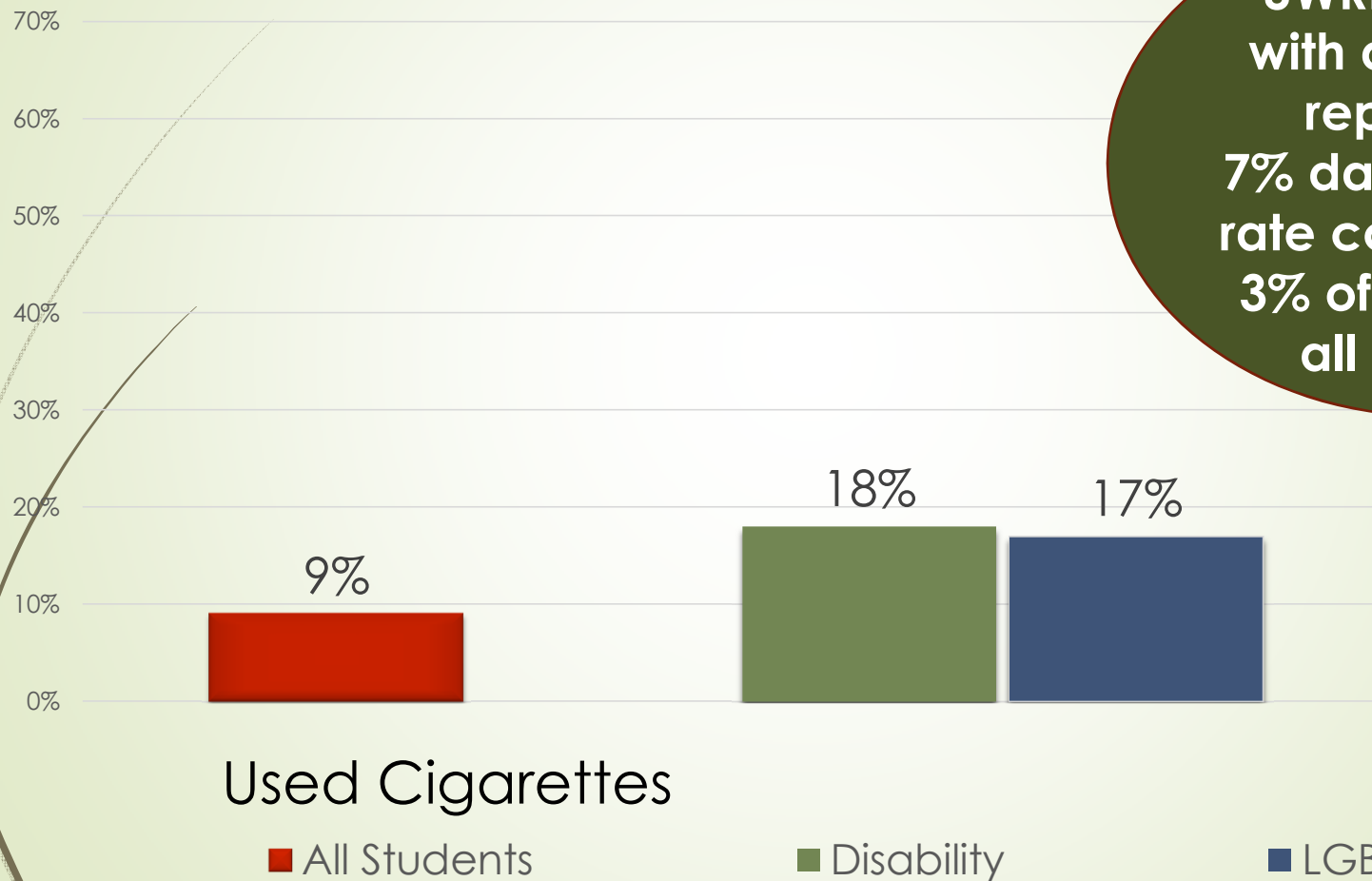
Alcohol – UWRF (NCHA-Spring 2015)

In the last 30 days have you:



Cigarettes – UWRF (NCHA-Spring 2015)

In the last 30 days have you:



UWRF Students with a disability reported A 7% daily smoking rate compared to 3% of LGBQ and all students

Marijuana – UWRF VS National Reference Group (NCHA-Spring 2015)

	All Students Perception <i>In the last 30 days, what percent of students used marijuana.</i>	All Students Reality <i>In the last 30 days, I used marijuana.</i>
UWRF	27%	10%
National	38%	17%

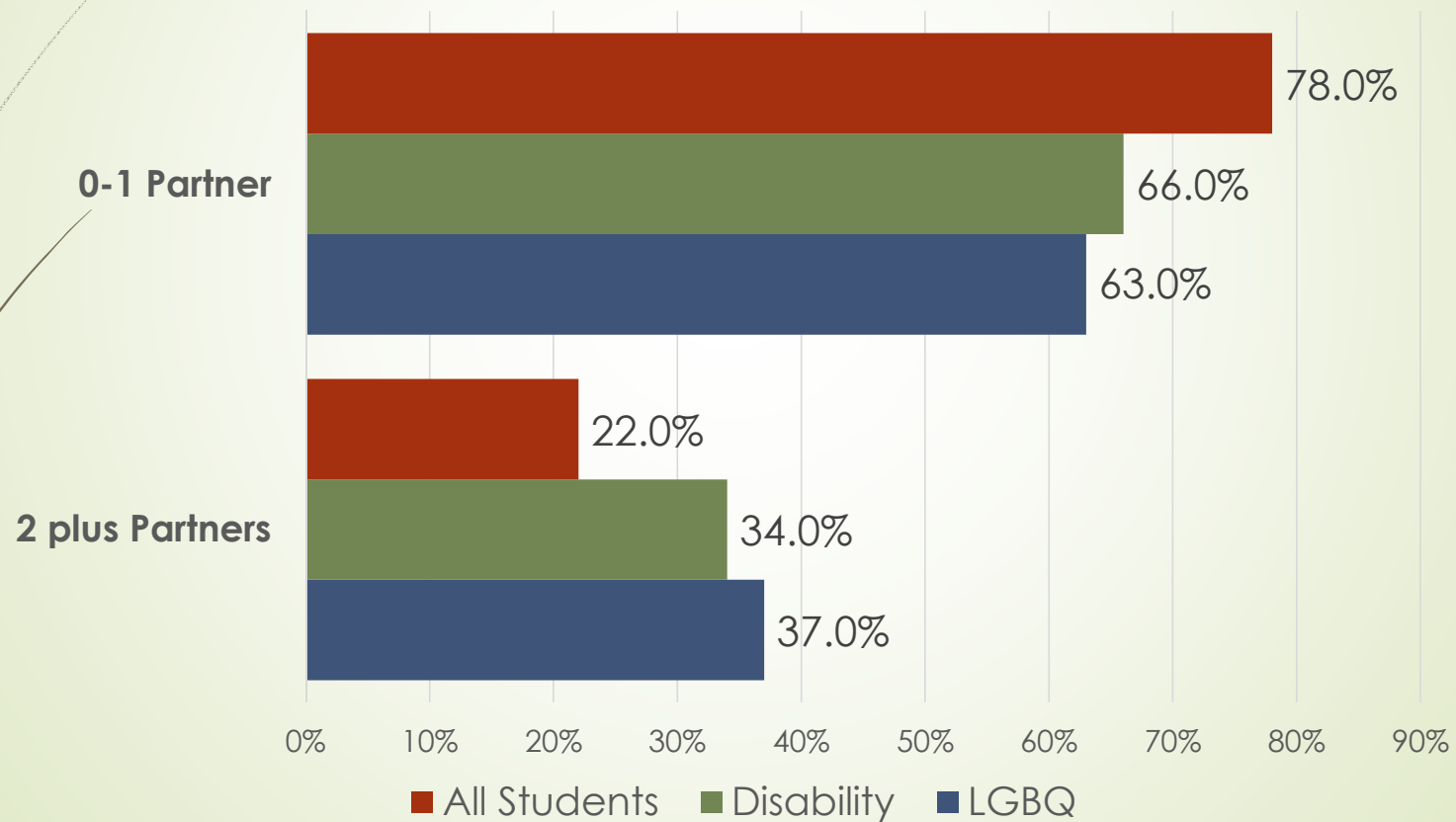
GAP UWRF 17%

LGBQ students reported 19% use

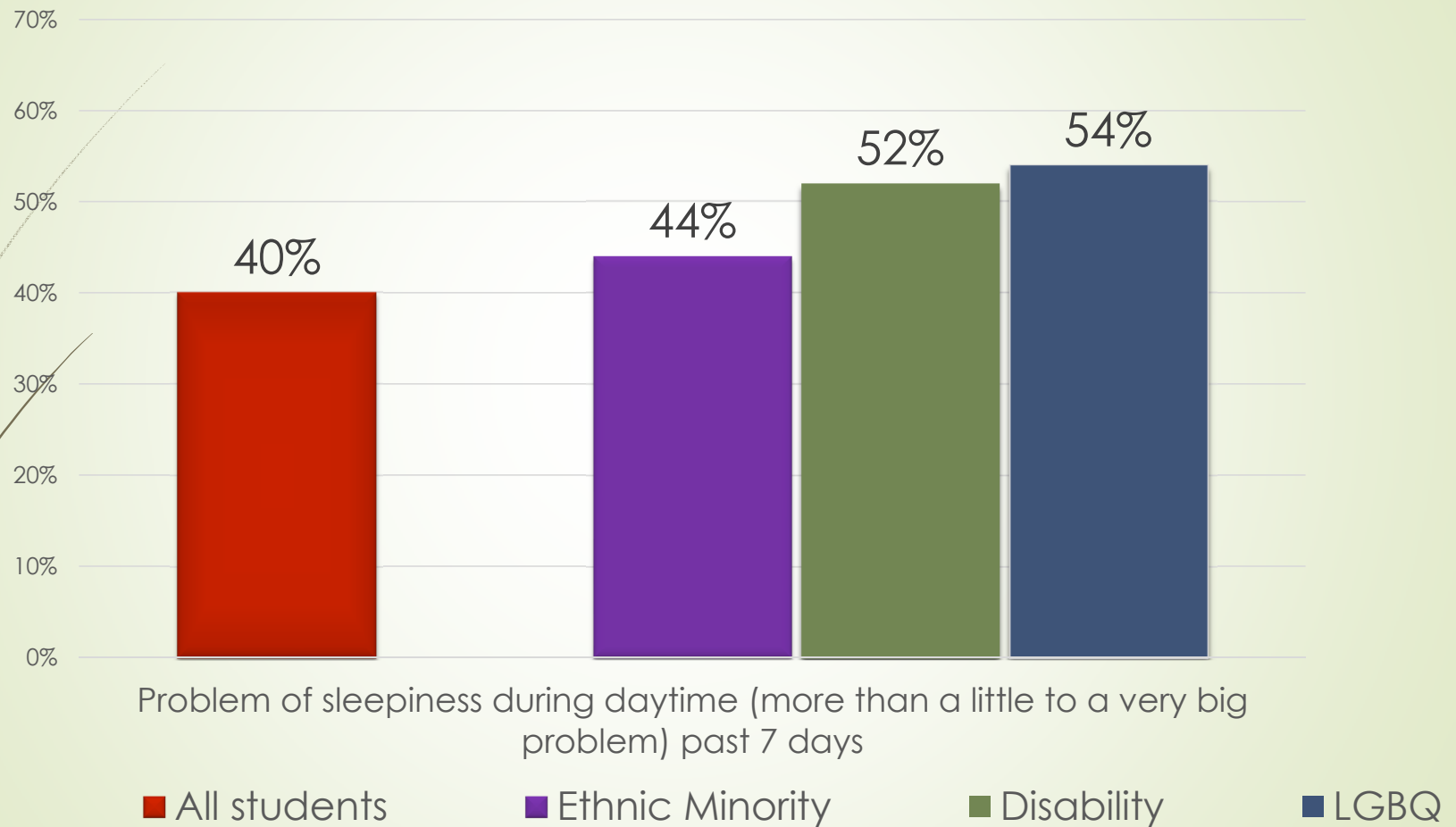
Students with a disability reported 14% use

Sexual Behaviors – UWRF (NCHA-Spring 2015)

In the last 12 months how many partners have you had (oral, anal, or vaginal):

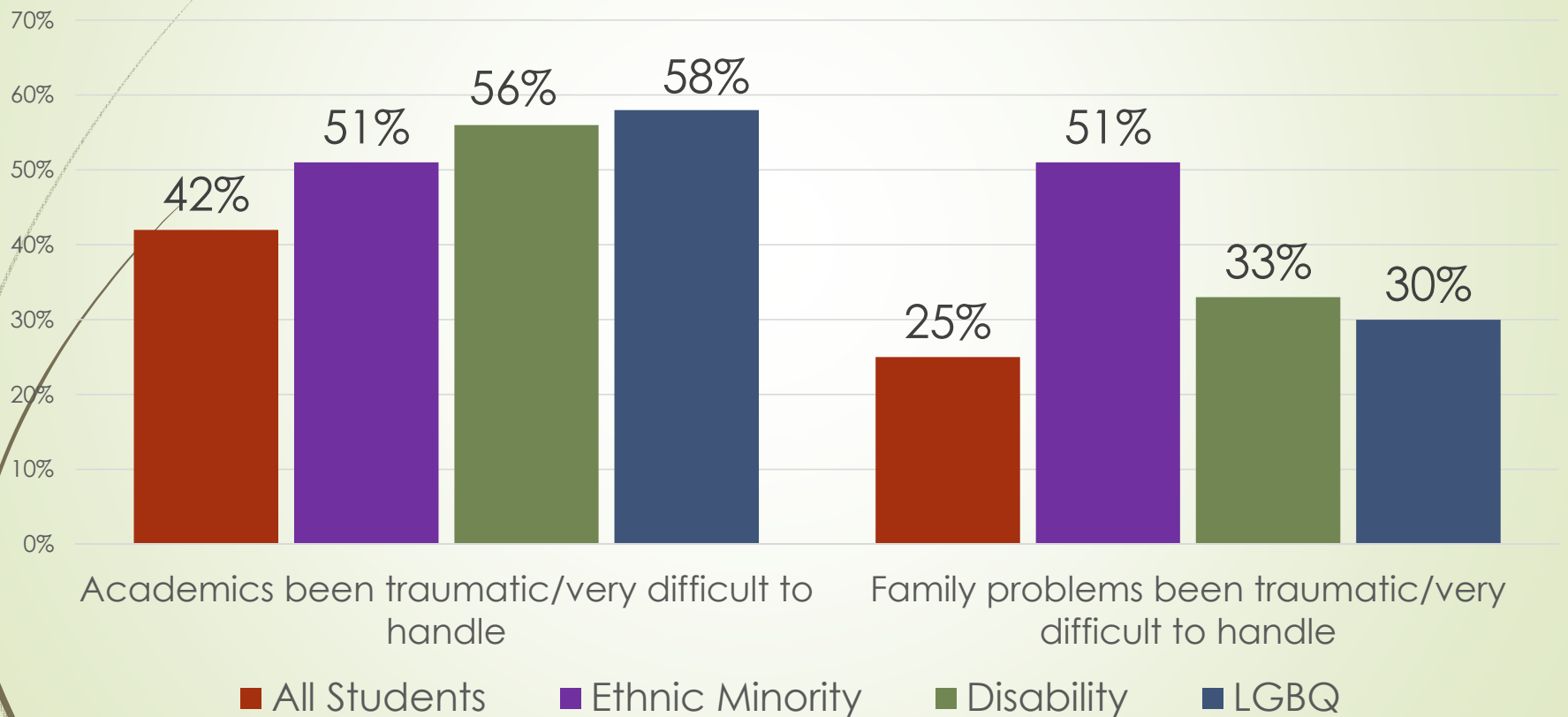


Sleep – UWRF (NCHA-Spring 2015)



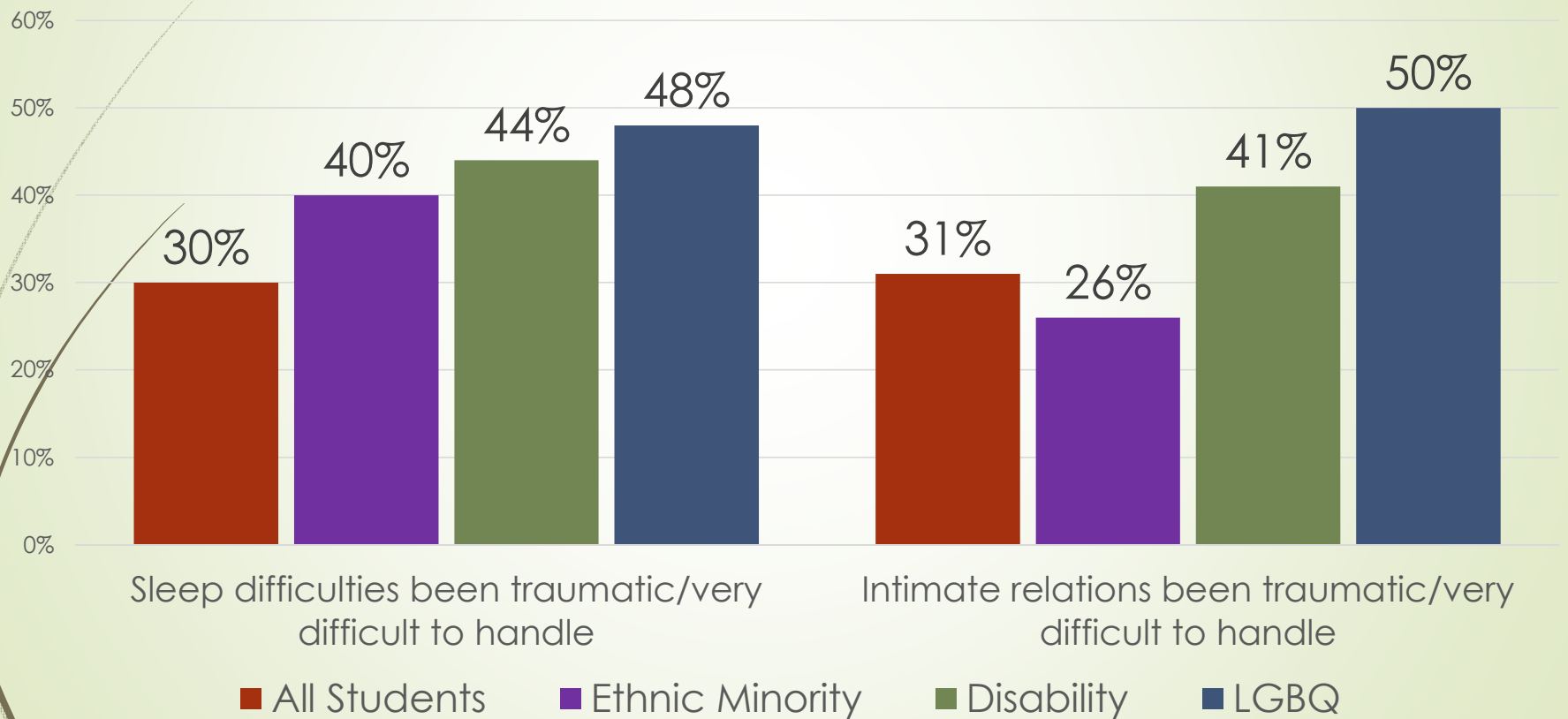
Difficult to Handle – UWRF (NCHA-Spring 2015)

Within the last 12 months



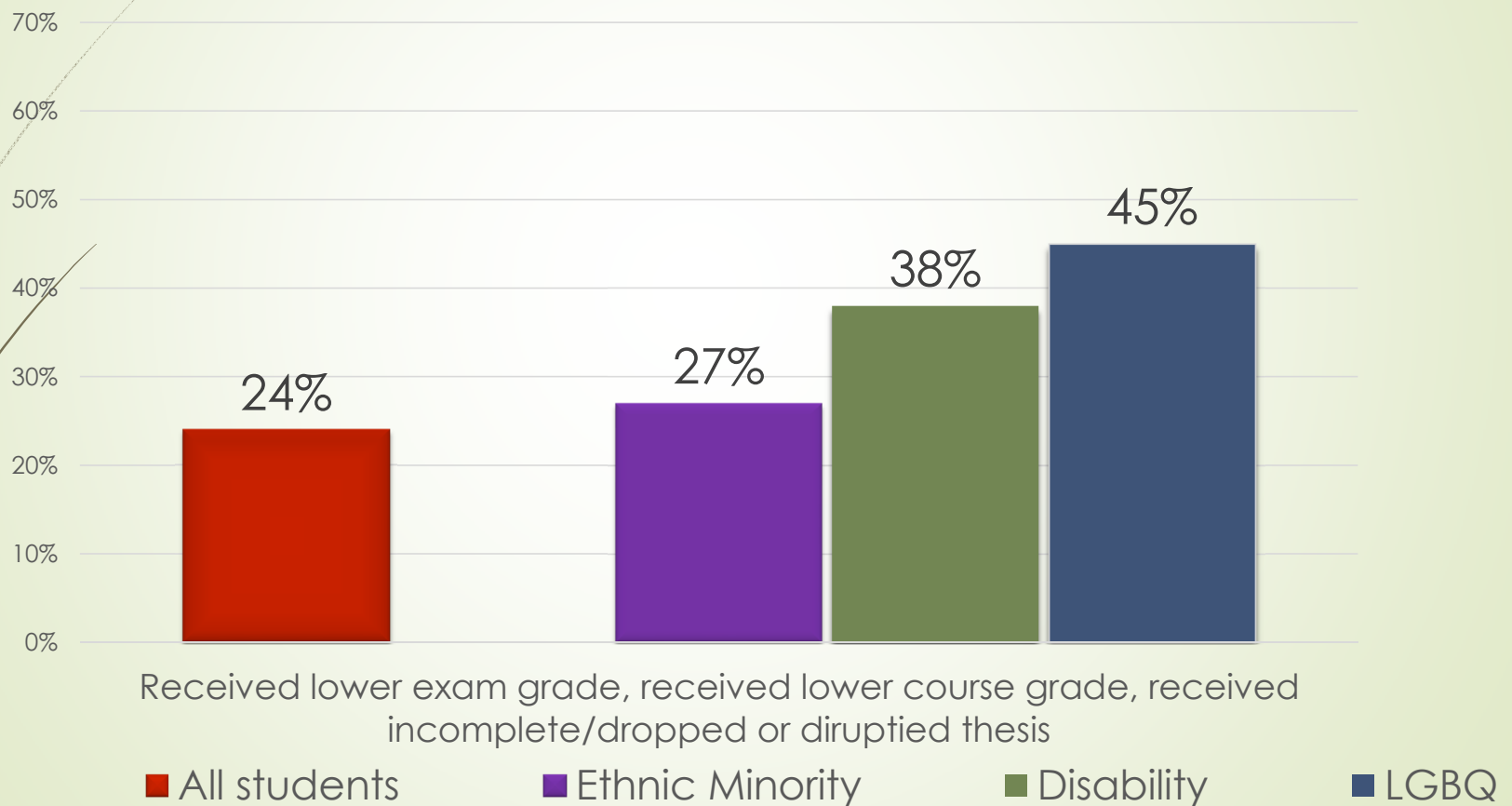
Difficult to Handle – UWRF (NCHA-Spring 2015)

Within the last 12 months



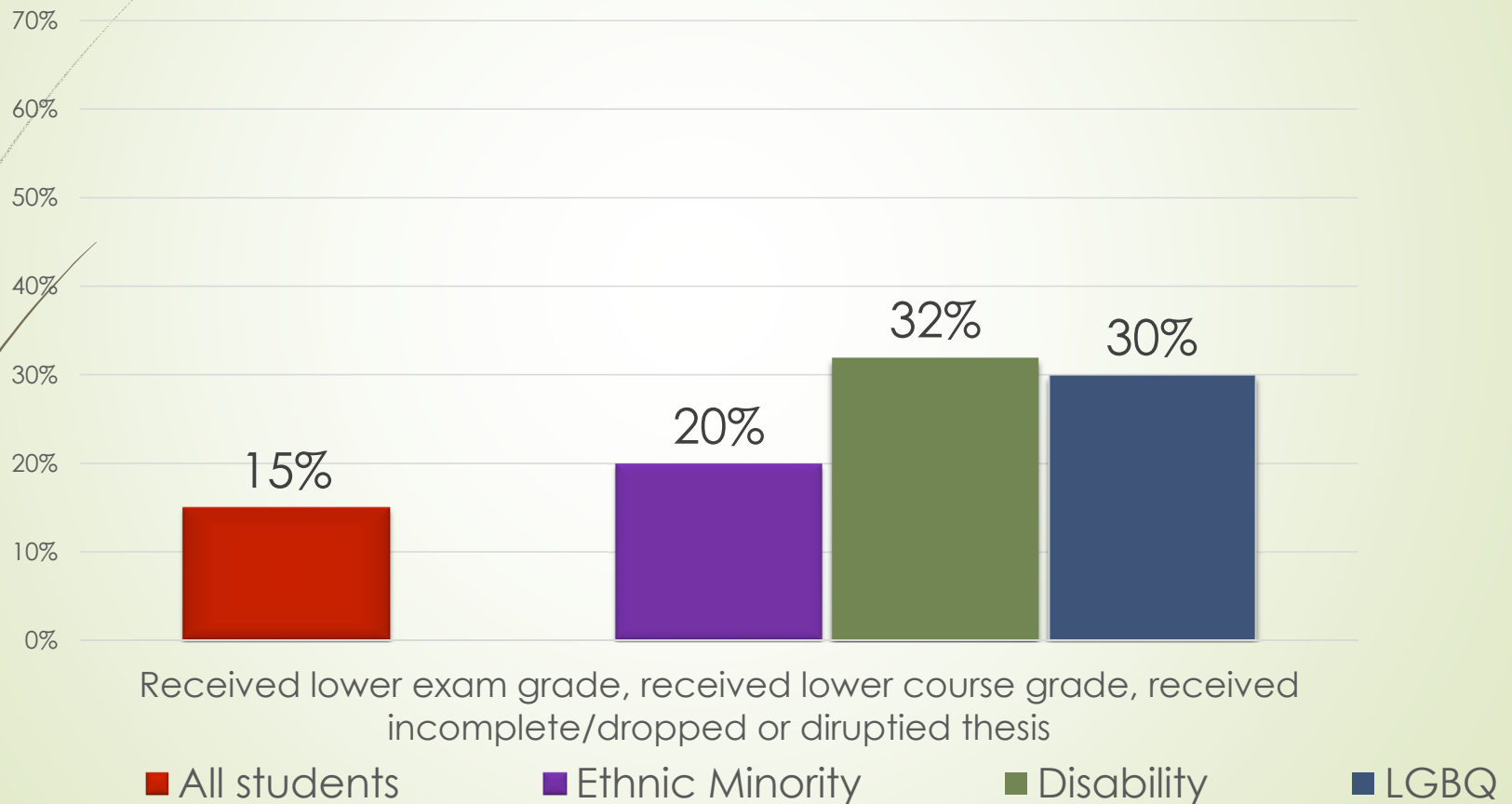
Academics – UWRF (NCHA-Spring 2015)

Within the last 12 months, have sleep difficulties affected your academic performance:



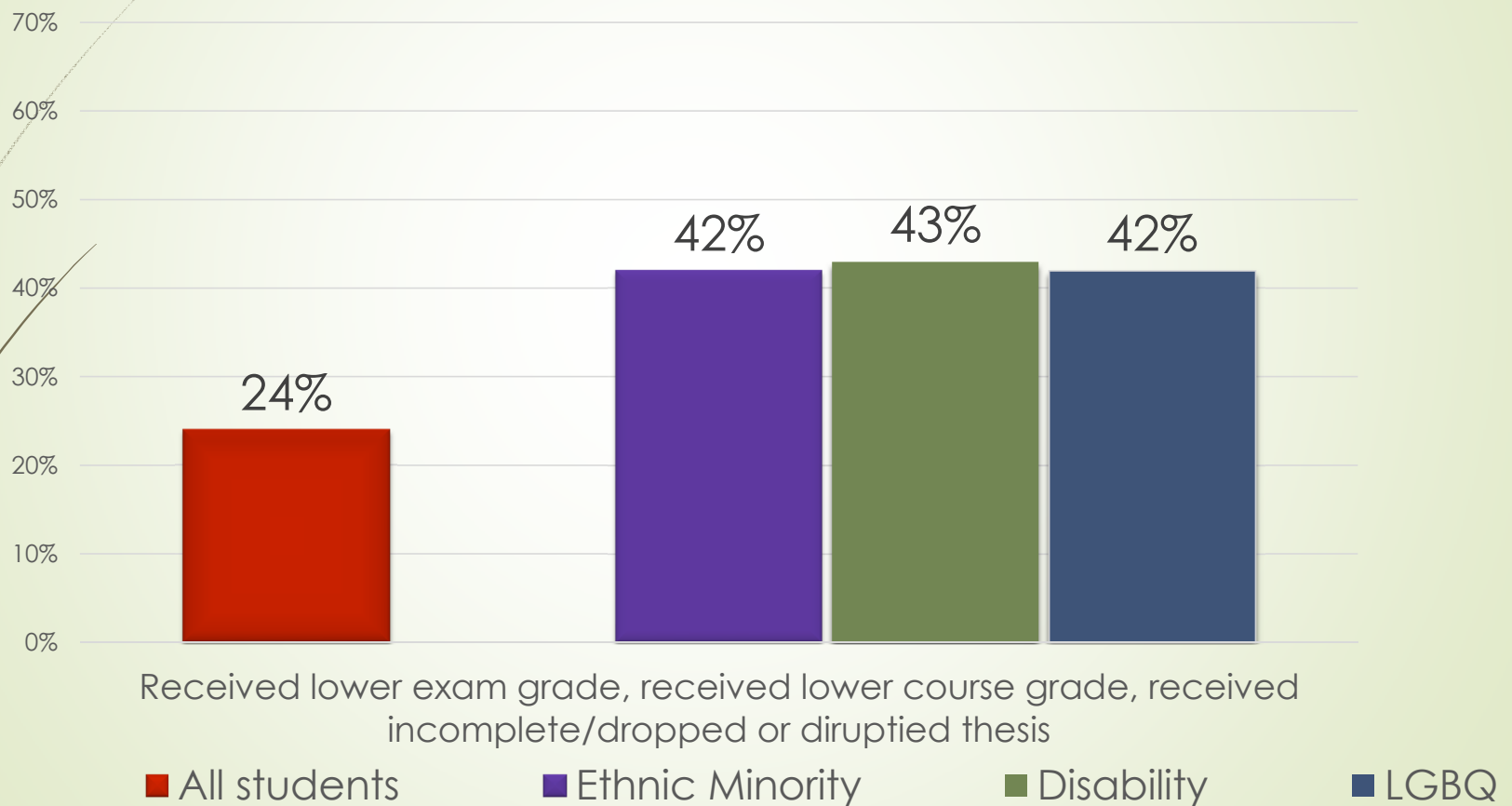
Academics – UWRF (NCHA-Spring 2015)

Within the last 12 months, has depression affected your academic performance:



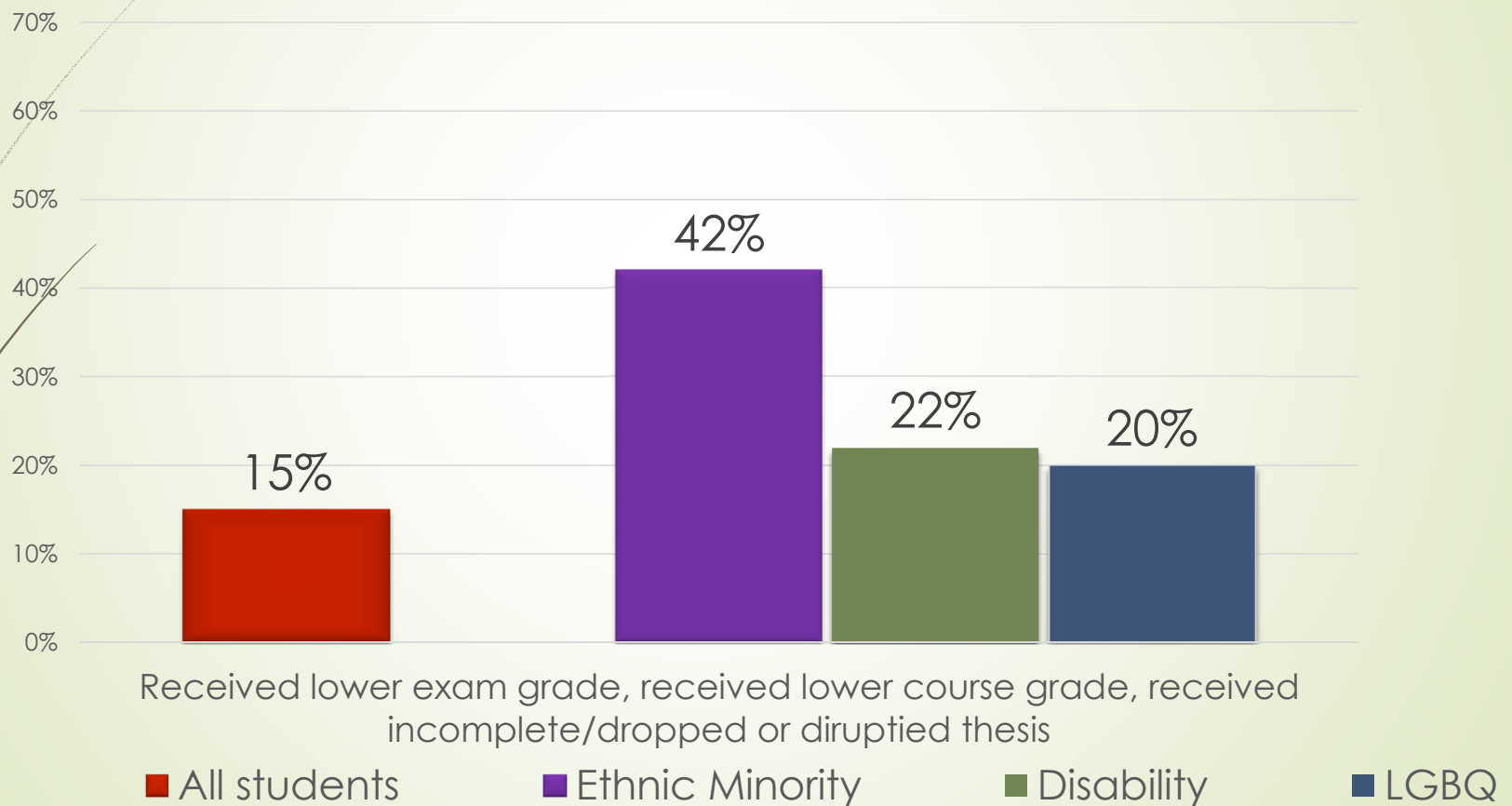
Academics – UWRF (NCHA-Spring 2015)

Within the last 12 months, has anxiety affected your academic performance:



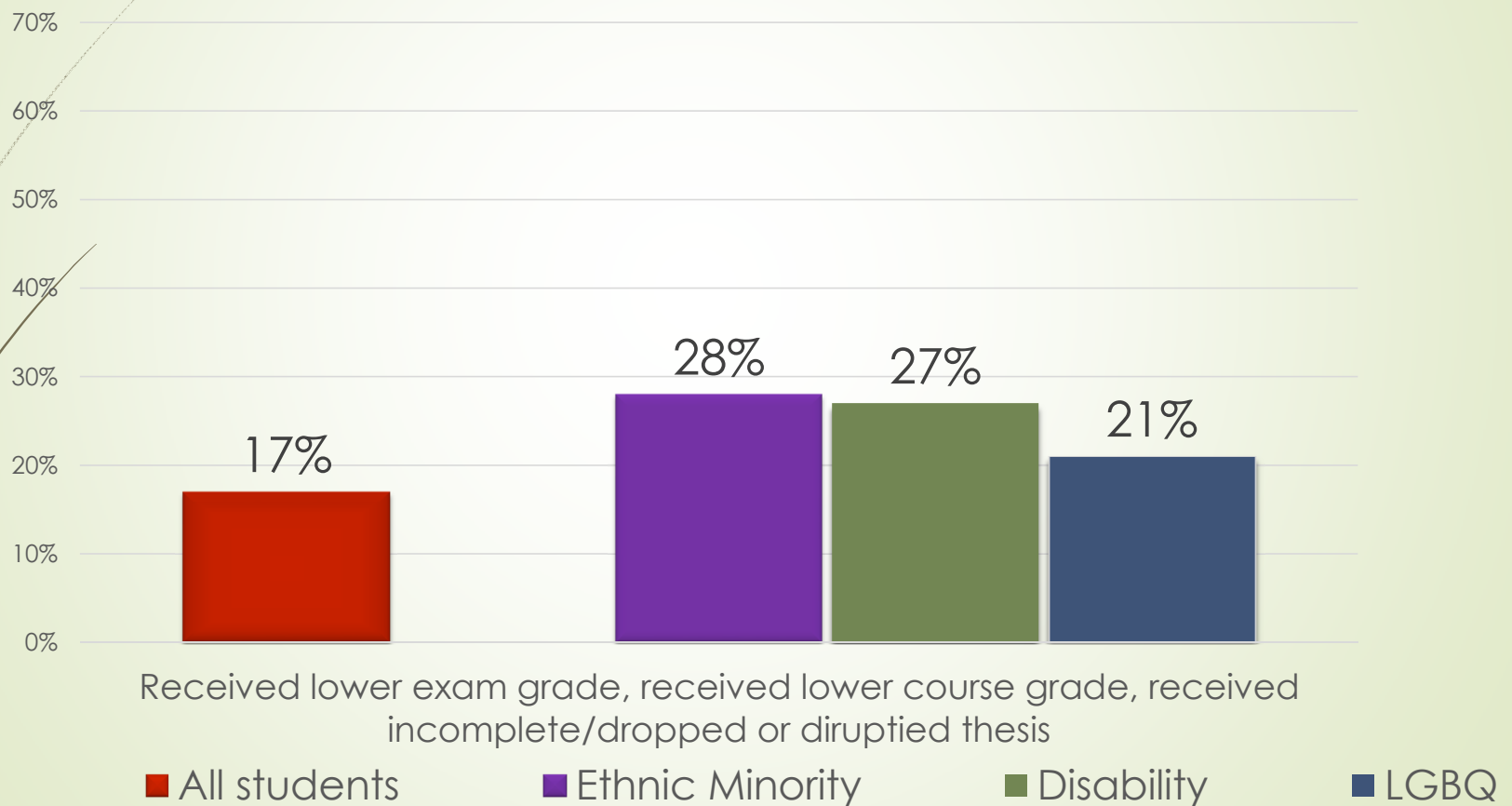
Academics – UWRF (NCHA-Spring 2015)

Within the last 12 months, have cold/flu/sore throat affected your academic performance:



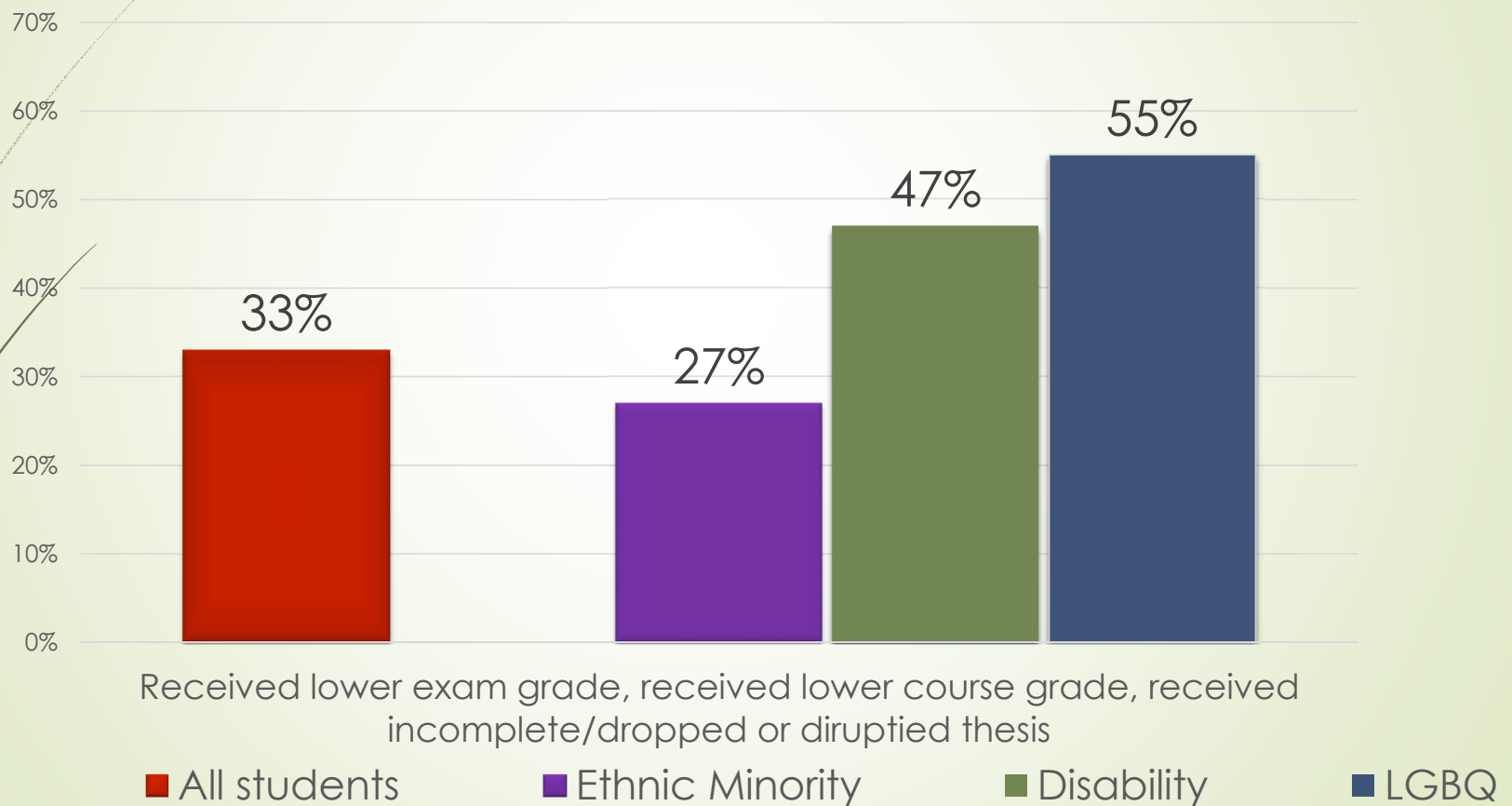
Academics – UWRF (NCHA-Spring 2015)

Within the last 12 months, has work affected your academic performance:




Academics – UWRF (NCHA-Spring 2015)

Within the last 12 months, has stress affected your academic performance:





What does this mean? – (NCHA-Spring 2015)



Ethnic minority students, students with disabilities, and LGBTQ students are disproportionately negatively impacted by many health and mental health issues.