

SUELLE MICALLEG MARMARA', Ph.D. Candidate,
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EDUCATION

Doctor of Philosophy, Counselor Education and Supervision Old Dominion University, Norfolk, Virginia CACREP accredited program	Aug 2022
Masters on Gestalt Psychotherapy Gestalt Psychotherapy Training Institute, Kappara, Malta, Europe European Accredited Psychotherapy Training Institute	Oct. 2018
Post. Grad. Certificate in Counseling Supervision Faculty of Social Wellbeing University of Malta, Msida, Malta, Europe	Oct. 2018
Master Degree in Counseling Psychology, School Psychology, Counseling Education – Community Counseling University of Maryland, College Park, Maryland Combined program with the University of Malta, Valletta, Malta, Euro20pe	Dec. 2013
Master of Art in Transcultural Counseling University of Malta, Valletta, Malta, Europe Combined program with the University of Maryland, Maryland	Dec. 2013
Bachelor of Science (Hons) in General Nursing University of Malta, Msida, Malta, Europe	Dec. 2001

Other Course/ Training Certificates

Old Dominion University, Norfolk, USA - Mental Health Counseling Supervision Training: Strategies to Support CMHC Trainees during the COVID-19 Pandemic	Sep, 2021
- Mental Health Counseling Supervision Training	Mar, 2021
EFT & Mindfulness Centre, Malta - Teacher of Mindfulness in the Education Course	Jan.2017
Univeristy Of Worcester with Ministry For European Affairs And Equality, Europe - Gender-Based Violence Competence	June, 2018
University of Malta, Valletta, Malta, Europe - Addiction Counseling - Adlerian Counseling and Therapy - Adlerian Counseling: Counseling Strategies with Children/Adolescents and Families - Restorative Justice - School in Transcultural Counseling	July 2011 – Apr.2013 Summer -
British Infertility Counseling Association (BICA) London, UK - The Foundation Course for Infertility Counseling	Nov 2013
Florida Atlantic University, USA/ University of Malta, Europe - Counseling Strategies with Children, Adolescents, and Families: Adlerian based approach	July 2013

Other Courses/ Workshops;

Gestalt Psychotherapy Training Institute, Kappara, Malta, Europe	March 2011 – Nov. 2015
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- Pain and Beauty: From Psychopathology to Aesthetic of Contact focusing on OCD and Phobias.
- On Trauma – Gestalt Approach and Eye Movement Desensitization and Reprocessing (EMDR),
- Family Constellation and Order of Love
- Supervision Workshop in Gestalt Psychotherapy
- Healing the Adult through working with the child inside them: Inquiry, Understanding, and Invitation.
- Family Constellation and Order of Love.
- Awareness, Creativity, and Stillness in the Therapeutic Process.
- Embodiment: Creative Imagination in Psychotherapy
- Supervision Workshop in Gestalt Psychotherapy.
- Working through Shame, Guilt, Rage, Jealousy.
- Approaching Values in Constructivist Psychotherapy.
- Gestalt Psychotherapy Training Institute Malta.
- Theory of Self – Diagnosis, and Assessment.
- Gestalt Therapy Applied in Action –Mini Lectures.
- Family Constellation and Order of Love.
- Shame and Guilt Workshop.
- Couple and Family Therapy (Gestalt Approach) Workshop.

University of Malta, Valletta, Malta, Europe Nov 2012
 -Creating Secure Bonds: The Science and Art of Couple Therapy

MAIA Psychology Centre, Valletta, Malta, Europe Sept. 2012
 - Introduction to non-Directive Play Therapy Techniques

PROFESSIONAL EXPERIENCE

Graduate Teaching Assistant

Old Dominion University, Norfolk, Virginia, USA Aug. 2019 – Aug. 2022

Courses

- Counseling 650: Theories of Counseling and Psychotherapy (co-teaching) Fall 2021
- Counseling 795: Trauma and Crisis Counseling (co-teaching)
- Counseling 667: Internship in Mental Health Counseling (co-teaching)
- Human Service 339: Interpersonal relations course (teaching) Fall 2021, Spring 2020
- Human Services 346: Web-based Diversity Issues in Human Services (teaching) Summer 2021
- Human Services 448: Web-based – Intervention Advocacy with Children (co-teaching)
- Counseling 601: Web-based - Principles of Professional Counseling & Ethics (co-teaching)
- Counselling 633: Counseling & Psychotherapy Techniques (co-teaching) Spring 2021
- Human Service 344: Web-based Career Development (teaching) Fall 2020
- Human Service 339: Web-based - Interpersonal Relations (teaching) Summer 2020, Spring 2021
- Counselling 655: Social and Cultural Issues in Counseling (co-teaching) Spring 2020
- Human Services 447: Introduction to Substance Abuse (co-teaching) Fall 2019
- Human Services 368: Field Observation Human Services (co-teaching)

Guest Lecturer

Loyola University New Orleans Oct. 2021

Master's level

Introduction to Counseling skills
 Topic: “Practicing Foundational Counseling Skills”

Old Dominion University, Norfolk, Virginia, USA Feb. 2020

Undergraduate level

Human service student committee:
 Topic – “Migration Experiences, Cultural differences, and challenges.”

Masters' level

Counseling 655: Social and Cultural Diversity:
Topic: - "Social Justice and advocacy."

University of Malta, Msida, Malta, Europe

May 2017 – Apr. 2019

Masters' level

Health Counselling : Topic: "Counseling in Obstetrics and Gynaecology"

Spring 2019

Counseling Theories and Practice: Topic: "Gestalt Psychology: Skills and Techniques"

Graduate Research Assistant

Old Dominion University, Norfolk, Virginia, USA

Aug. 2019 – Aug. 2022

Developing the Evaluation report of the Ph.D. in Counseling Education and Supervision and Master's in Counseling programs through the collection of data, record keeping, and analysis of Key performance indicators (KPI), Key professional distribution (KPD), and Counselor preparation comprehensive examination (COMPS).

Director and Clinical Coordinator of the Mental Health Interns Program

CHESAPEAKE REGIONAL HOSPITAL – Chesapeake, Virginia, USA

Oct. 2020 – May 2022

Coordinated onboarding and offboarding procedures to include recruitment of potential interns, interviewed applicants, farewell rituals, and electronic medical records access. Scheduled and facilitated the orientation process, coordinated and lead the recruitment fair, identified gaps in, created and modified policies and procedures as necessary. Identified gaps in and updated the student handbook, provided weekly site supervision to supervisees, participated in 1-hour weekly Supervision of Supervision meeting, and mentored two Ph.D. students supervising supervisees.

Leadership and Wellness Coach and Training Development

EASTERN VIRGINIA MEDICAL SCHOOL – Norfolk, Virginia -

Spring 2021 – Dec.2021

Provides leadership and wellness coaching to resident physicians using solution-focused brief interventions to decrease physicians' burnout, increase wellness, and self-care and aid residents' transition to residency. Developing and facilitating training programs for physicians on communications, broaching conflict/difficult conversations, breaking bad news, leadership, and sustaining cultural practice.

Leadership - Membership Chair Chi Sigma Iota

International Honor Society Chi Sigma Iota, Omega Delta Chapter

May 2020 – Dec. 2021

Email invitation to students encouraging them to join the organization, editor of the Chapter's newsletter, organize and host initiation ceremony of new members, and kept membership database up to date.

Senior Counselor

San Andrea Independent School, Mgarr, Malta, Europe

January – June 2019

Served on the school board to support all students' academic, psychological, and emotional needs. Acted as a mentor to the school board when making logistical decisions about students. Provided individual and group counseling and worked with their families to enhance familial relationships.

Council Board Member in the Malta's National Council for the Counseling Profession

Ministry for the Family, Children's Rights, and Social Solidarity, Malta, Europe

Apr. 2016 – July 2019

Liaised with committee members to implement regulations to aid the counseling profession at the National level. Coordinated with committee members to analyze, accept and supply counseling license while participated in regular meetings with the Minister to enact new rules to assist the counseling profession at National Level

Principle School Counselor

St. Ignatius College, Qormi, Malta, Europe

Sept. 2015 – Dec. 2018

Led the Counseling Services of the college comprising of 5 primary, one middle, and one senior school. My role also entailed coordinating workshops for teachers to promote best strategies in dealing with students with behavioral issues. I also

provide individual and group counseling sessions and revamped innovative programs for students with behavioral problems to cope with the educational demands of the school system. Finally, I supplied administrative and clinical supervision to counselors and guidance teachers within the team

Private Practice Counselor

Self Employed – San Ġużepp Naxxar Clinic / Msida, Malta, Europe Dec. 2013 - June 2019
Provided individual, couple and family therapy to clients with different life circumstances and challenges

Clinical Counseling - Infertility Counselor

Mater Dei Hospital – General Hospital, Msida, Malta, Europe Dec. 2013 – Oct. 2015
Pioneered the setting up of the first In Vitro Fertilization (IVF) counseling program in Malta and facilitated counseling to individuals, couples, and groups with infertility issues to help them prepare themselves for IVF procedures

Staff Registered Nurse

St. Luke's and Mater Dei General Hospitals – Msida, Malta, Europe Aug. 2001 – Nov. 2013
Acted as a nurse at the Adult Intensive Therapy Unit (ITU) and Neonatal and Pediatrics Intensive Care Unit (NPICU). Provided physical and psychological care and support to patients and parents having their baby/child at the NPICU

PUBLICATIONS

Lee, C. C., Baldwin, R., Micallef Marmara', S., & Qusenberry, L. (2018). Counselors as agents of social justice. In C. C. Lee (Ed.). *Counseling for social justice* (3rd ed., pp. 3-20). Alexandria, VA: American Counseling Association Foundation.

AWARDS

Old Dominion University Dec 2021
Darden College of Education General Scholarship for the academic year 2021-22 (\$1,182.00)

Strategic Educational Pathways Scholarship Sept. 2010
European Social Fund Scholarship Award for Masters' of Transcultural Counseling (\$16,000)

PRESENTATIONS

Community Presentations

“Safeguarding teachers and students in school” [presented] July 2019
Teachers' professional development training – San Andrea School, Malta

“Empathy” [presented and facilitated workshops] Oct. 2018
School principals and assistant principal professional development training – St Ignatius Middle School, Malta

“Being LGBTIQ in Schools” [presented and facilitated workshops] Sept. 2018
Teachers' professional development training – St Ignatius Secondary School, Qormi, Malta

“Crisis Management in Schools” [presented] May 2018
Teachers' professional development training – Luqa Primary School, Luqa, Malta

“The Counseling Services in Schools” [presented] May 2018
Teachers' professional development training – San George Primary School, Qormi, Malta

“Diversity in schools: Race, skin color, religion & LGBTIQ” [presented/facilitated workshops] March 2018

Teachers' professional development training – Siggiewi Primary School, Siggiewi, Malta

“Being LGBTIQ in Schools” [presented and facilitated workshops] Feb. 2018
Teachers' professional development training – St Ignatius Middle School. Qormi, Malta

“Diversity in schools: Race, skin color, religion & LGBTIQ” [presented/facilitated workshops] Feb. 2017
Teachers' professional development training – San George Primary School, Qormi, Malta

“The challenges of early adolescents” [presented] Apr. 2016
Teachers' professional development training – St Ignatius Middle School. Qormi, Malta

Conference Presentations

Micallef Marmara', S. (2021, October). *Counseling in the hospital setting: An investigation of health professionals perceptions and expectations of the role of the counselors in hospital settings*. Presentation at the Association for Counselor Education and Supervision Conference, Atlanta, GA [presented]

Franklin, J., Micallef Marmara, S., & Kemer, G. (2021, April). *Preparing counselors in training to work within interdisciplinary settings: What are supervisee's needs from supervision*. Virtual poster session presented at the annual Old Dominion University Graduate Research Appreciation Week, Norfolk, VA.

Carrola, P., Rocha, J., & Micallef Marmara', S. (2021, January,) *International Collaboration for Counseling Programs: Challenges and Practice*. Presentation at the American Counseling Association, Virtual [presented]

Micallef Marmara', S. (2014, June). *The Effect of Immigration on the Psychological Development of Adolescents*. Presentation at the International Summer School Crossing Borders: Counselling and the Challenges of Migration, University of Malta, Malta. [presented]

Micallef Marmara', S. (2014, February). *The Effect of Immigration on the Psychological Development of Adolescents*. Presentation at the Counselling Research Conference: Servicing Dynamic and Evolving Communities. University of Malta and Malta Association for Counseling Profession, Malta. [presented]

Micallef Marmara', S. (2013, December). *The Effect of Immigration on the Psychological Development of Adolescents*. Presentation at the Annual Conference of the European Migration Network titled: Migration Dynamics of a European Island State, Malta Ministry for Home Affairs and National Security, Malta. [presented]

Micallef Marmara', S. (2013, November). *Team Building Among Multidisciplinary Team*. Presented and delivered workshops at the Disability and Rare Disorders in Children Conference, The Maltese General Hospital, Malta [presented]

Micallef Marmara', S. (2012, February). *Intercultural Dialogue*. Presented at the International Conference titled: The Student's Voice, British Council & Maltese Ministry of Education and Employment, Malta. [presented]

Educational T.V. shows

Animal Rescue – (Malta, Europe, 2017)
Discussed the topic: “Pets in schools” and “The emotional and therapeutic effects of pets on children's emotional and psychological well-being.”

Invited on the TV show *Strada* - (Malta, Europe, 2015)
Discussed issues in couple relationships when experiencing different life scenarios and circumstances.

SKILLS

- Great ability to adapt to multicultural environments gained from working with clients

- Working within a team was a key factor during my time working at the hospital and in schools
- Project coordination was also an important aspect especially when helping the schools' management
- Leadership and communication skills were integral aspects during all of my working duties
- Performance improvement played a key role when developing behavioural programs to students in schools
- Eye for detail and proper time management was a prerequisite factor during my time as a nurse
- Task prioritization was essential to cope with my academic and personal commitments

VOLUNTEER

Counselor

Millennium Chapel – Saint Julian's, Malta / Europe - Provided individual counseling through the use of core practice counseling skills. - Supported clients in exploring different options to move towards change. - Helped clients by evaluating resources creating action plans, and goal settings.	Jan. 2013 – Jan. 2014
Caritas Malta – Birkirkara, Malta, Europe - Individual counselling to women attending drug addiction program.	Nov. 2012 – Apr. 2013
Prison Inmate Program – Blata l-Bajda, Malta / Europe - Individual counseling to women attending drug addiction program.	Nov. 2012 – Apr. 2013
Qalb ta' Ġesu' – Santa Venera, Malta / Europe - Counseling women and children at the domestic violence residence.	Feb. 2012 – Apr. 2013

LANGUAGES

Trilingual – English, Maltese, Italian